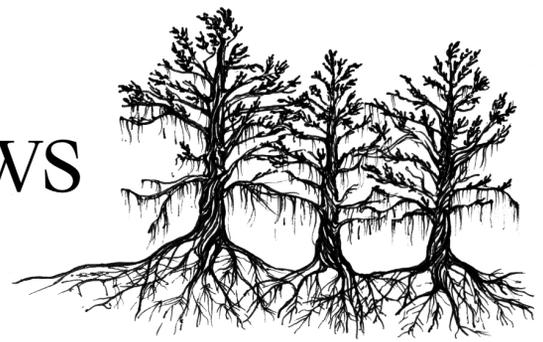


Xwe'etay News



Issue 20

September 2025

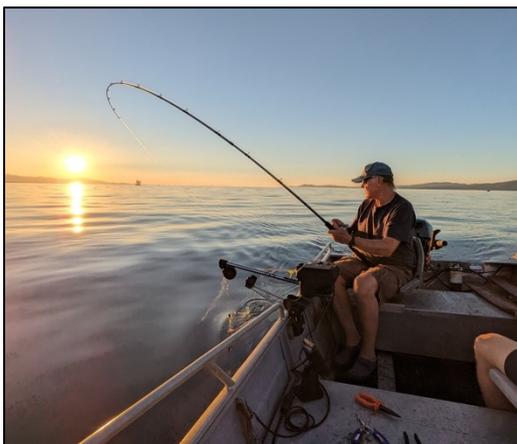
A Note from your Editors

The Yew Collective is group of five women – Anna Dodds, Karen Gates, Dana Lepofsky, Jenny Vester, and Wendy Wickwire – who volunteer their time to create this monthly newsletter. We are in awe of all the people before us who did this monthly task on their own or with one other person! In our group, after 1.5 years of production, we've fallen into a lovely rhythm of knowing who does what and supporting each other when one of us can't do our normal tasks.

But we're looking for someone to help the collective by doing the simple task of keeping track of funds from donations and ads and perhaps getting new supporters. Now that our printing costs have gone up \$90/month, this task is especially important. If you are interested, please let us know.

The photo theme for September is: **"Frogs!"**. But feel free to contribute any Lasqueti-esque photo (with a caption).

To contact us and for submissions or donations: xweetaynews@lasqueti.ca; for on-line, colour versions: www.lasqueti.ca/xweetay-news
- *The Yew Collective*



Don MacDonald reeling one in



Birds on Lasqueti

Colourful Finches on Lasqueti

We are lucky on Lasqueti because we see some colourful finches. They migrate here through the thin line of southern Canada and northern BC. They breed in spring and stay through summer as their fledgelings develop and grow from the seeds and berries they need to survive. They live year-round further south along both coasts and the Great Lakes waterways.

The male Purple Finch that I see every year is a striking raspberry red that almost fully tints its wings, head and breast. The assertive female is streaked brownish and white with a whiter breast. The similar-looking house finch has the lighter red head and breast and is found in more brushy fields and deserts. These finches are chunky-looking with the typical cone-shaped beak that allows them to crunch down on seeds. They gorge on the black sunflower seeds they find in our feeders. They also eat blackberries, honeysuckle, dandelion seeds and insects such as grasshoppers, beetles and yes, those pesky aphids – so don't spray!

The American Goldfinch is a smaller acrobatic finch that also flies to Lasqueti and surrounding coastal areas to breed and raise their young. Doane tells me they arrive with the large brown-headed cowbirds in spring, but according to Cornell, their imposed nestlings seldom survive as the goldfinch parents feed them only seeds. I've heard their distinctive twittering song later in the season as they nest when the thistles have gone to seed, while most other migrants have stopped calling in the forest for a mate and all their young have fledged. As the season develops, the male's striking gold, white, and black tints change as they molt and prepare to fly south for winter. – *Izzy Harrington*

We acknowledge and honour the Indigenous Peoples who, for generations, have made Xwe'etay/Lasqueti their home.



Ralph Lewis and Marshall's Beach

In the past, West Point – off the tip of Lasqueti -- must once have been a rocky islet. But the Indigenous settlers here connected it to the larger island by filling in the space, thus creating Lennie's Lagoon. The lagoon has a small opening in the rocks on the northeast side. The rest of the north side is Marshall's Beach.

Marshall's Beach is Lasqueti's one and only perfect, fully sandy beach. It lies in front of Lennie's Lagoon. The eastern end was a tended clam beach. The western end turns into a rock structure, on which rests the considerable remains of a large salmon trap and close-able natural pool – a great refrigerator which kept the fish fresh for smoking.

Ralph Lewis and his wife Kay bought the uplands above its west side in 1945 from the Livingstone family. They built a store there in competition with Charlie Williams who owned the store and gas station in False Bay. Many disliked Williams.

Kay died in 1958. Ralph was never the same after that. He was a true Island character, and the brunt of many a trick. He was basically a bad-tempered man who brought people's ire and negativity upon himself by his attitude. At heart, we found him to be an interesting and okay chap, once we got him off the subject of his bothersome neighbours or other islanders. Without doubt, he was a singular fellow!

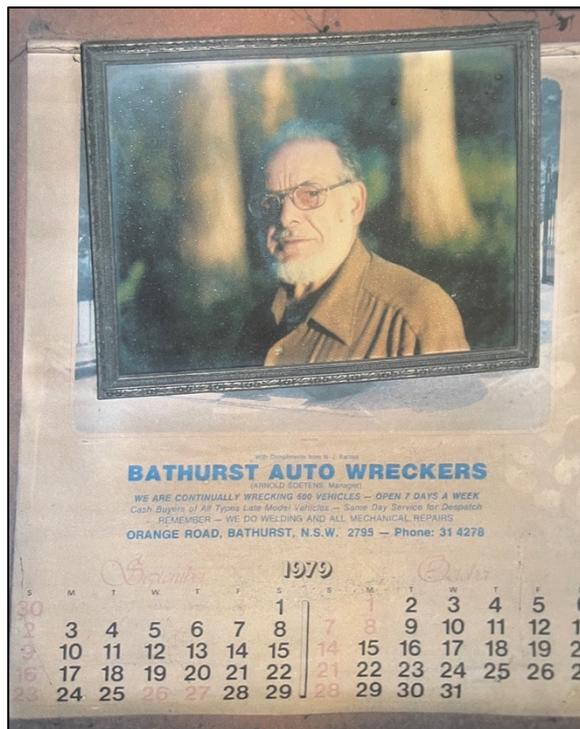
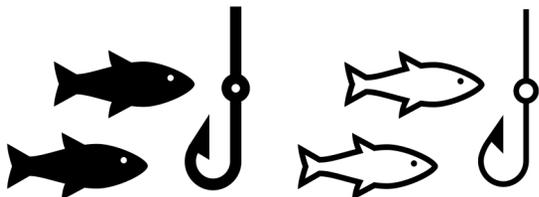
When Kathy and I moved down to Rosa Schumak's house – for safety's sake, to be near the road when Sarah was born, in 1974 – we went down to visit Ralph, at his request. He took us in for a tour of the store. It was one large room, about thirty by forty feet, with counter units around three sides. It was full of old stock: clothes, shoes, a few tools, even ancient candy – as well as huge pieces of fresh chocolate!

A mutual friend came up to Kathy the day after our tour, and handed her a package, saying, "It's from Ralph." Opening it, Kath found an unopened package of rubber pants we used in those days to put over the cloth diapers. The stretchy rubber on the waist was old and rotten, as was the old plastic material they were made of. The next day there was a bill in our mailbox! – *Laurence Fisher*



Doug Hamilton

Ralph's old store at Marshall's Beach.



Doug Hamilton

Photo of Ralph on wall in the store.

Student Corner



Pink

By Shallahahday
age 9

Pink looks like
a beautiful pink sunset on the
beach

Pink sounds like
a field of beautiful pink roses blowing in the wind

Pink tastes like a delicious cloud of cotton candy

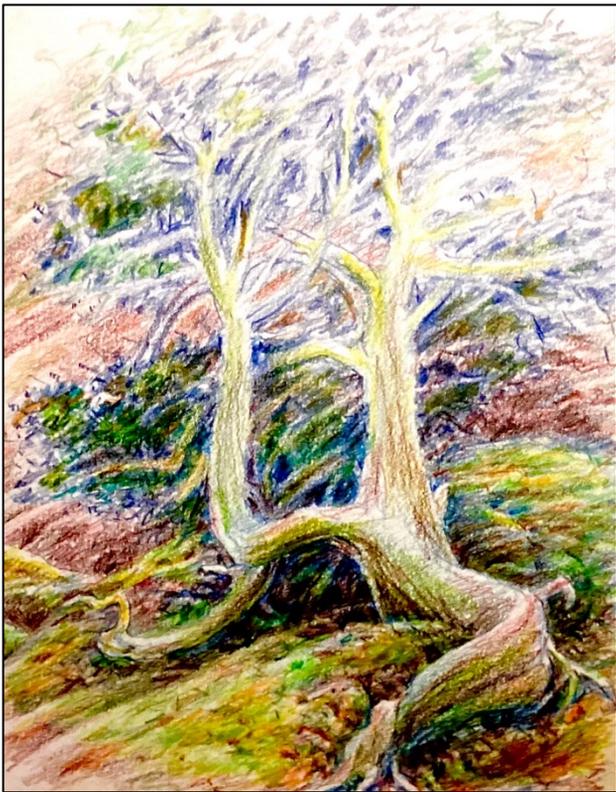
Pink smells like a beautiful cherry tree

Pink feels like a pink, warm, fluffy bunny stuffy

gray looks Like
a feather floating in the wind.
Gray feels like the rocky walls of a mountain.
Gray sounds like people walking on the sidewalk.
Gray smells like pebbles on the beach.
Gray tastes like Dust and soot.



Zinnia - grade 3



Rocky Mountain Junipers, the most tenacious trees found on the exposed headlands of Squitty Bay Park, a marvel in survival! – *Ronaldo Norden*



Evadne Phillips (L) showing off her canned salmon at her house at Rouse Bay, circa 1934. Photo courtesy of her granddaughter, Deirdre Phillips.



From Tim Peterson: September Trustee Report:

At our July meeting, someone asked how we can get out of the Islands Trust. The short answer is: we can't, unilaterally. The Islands Trust Act, along with the Local Government Act, is provincial legislation, and only the provincial government can amend or rescind the acts. The Act does allow for islands to become municipalities, via referenda, but this still does not remove an island from the Trust. Bowen Island became a municipality in 1999, but it still elects two trustees to sit on Trust Council, and its OCP bylaws must be approved by Islands Trust Executive Committee. In addition, Bowen's charter states that when adopting a bylaw or issuing a permit or license, the Bowen Island Municipal Council must have regard for the *preserve-and-protect* mandate of the Islands Trust. Salt Spring has voted three times on becoming a municipality, and each time it has failed. Some of the implications of municipal incorporation include taking on services otherwise provided by a Regional District, and also maintenance of roads, each of which can bring significant tax burdens. Islands Trust 2024 Allocated Financial Statements indicate that Lasqueti is a net beneficiary in terms of taxes collected versus costs of service delivery, which essentially means that other islands cover part of our costs for staff salaries and benefits. Trust Council, both last term and this term, requested a review of the Islands Trust Act by the ministry. Both were declined.

The Local Trust Committee has received a Crown Land lease referral for a camping site near Sea Egg Rocks. The initial deadline for response was September 6, but an extension was granted until October 9, which will give the LTC an opportunity to consider a formal response at our October 6 meeting. For more information on the referral, please contact your trustees. To provide input on the response, email: altc@islandstrust.bc.ca

As always, please feel free to contact your trustees with your questions, comments, or concerns: peterston@islandstrust.bc.ca

From Mikaila Lironi: This last month as an Islands Trustee has been a challenging one. I've had community members whom I consider dear friends, call me an "Off Island Trustee". I've had summer folks who couldn't pick me out of a small group criticize my life choices. Personal attacks are difficult in general but coming from folks you've known since you were born is especially hard.

I've had those who think I should resign. I've had others suggest that I don't make my own choices as a trustee but am influenced by others. This is partly true; the OCP and community members' input shape my decisions.

I've definitely spent some sleepless nights going over all of it in my head.

In the end, I thickened my skin and tried to see the bigger picture. I'd rather be known as the trustee who caused some controversy than the one who rolled over to threats, criticisms, and bullying. I'm also concerned that the online comments that have been flying will discourage other young(er) people, women especially, from running next October.

To those who have been supportive, thank you. It's easy to forget that the loudest voices aren't the only voices.

Hope to see you at the October 6th LTC at the JFC at 11 am.

Sincerely, Mikaila Lironi

****Correction**** I made an error in my last article.

The LTC consists of two locally elected trustees and an off-island chair who has been elected on another island.



Ken Lertzman

Jesse Cahill fishing to the beat of a different drummer in his pedal kayak.



Assisting with Connections between Last Resort Society and Island Health

The Lasqueti Last Resort Society (LLRS) asked the qathet Regional Hospital District (qRHD) for assistance to liaise with Island Health to develop and coordinate on-island health services. Such a connection is important to establish and improve health services available on Lasqueti. The complication is that, *except for Lasqueti*, the qRHD is within the jurisdiction of Vancouver Coastal Health, and the qRHD exists mainly to cover a share of capital costs for qathet General Hospital in Powell River.

In general, this arrangement is fine because in our public health system, residents can access health services at any hospital (e.g. Nanaimo General Hospital) and clinic. While our taxes go to the qRHD, we pay about the same per capita as taxpayers in Nanaimo Regional Hospital District. It balances out.

One downside is that it is challenging for the qRHD to assist with communications between the LLRS and Island Health, as our primary connection is with Vancouver Coastal Health (with whom we meet annually to discuss capital projects for qathet General Hospital).

The qRHD Board asked staff to explore options regarding the request from the LLRS, which may require linking either a staff member or the Lasqueti Regional Director to an appropriate contact either in Island Health or Nanaimo Regional Hospital District.

qRD On the Road

The qRD held its August Board meetings in electoral area B. We also visited the main regional district properties and services in the area (the qRD service yard, Myrle Pond Water System, Malaspina Volunteer Fire Department, and the Paradise Valley Exhibition Park, which hosts the Powell River Therapeutic Riding, a local farmer's market, and a scale railway among other things).

qRD Staff on Lasqueti

Senior qRD staff try to visit Lasqueti in person at least once per year. They did a trip in late August to meet with the LIVFD Fire Chief and other senior department members, our local Emergency Coordinator, our waste manager and others. They also check out any issues with properties that the qRD owns or for which the qRD is responsible (including the Legion lot that hosts the Arts Centre and market, and the barge ramp).

Please feel free to contact me. I am honoured to be your regional representative. Director Andrew Fall, qathet Regional District. 250-333-8595



Arlen King



Larri Woodrow

Summer 2016, grandson Brahm Nair hooked this beauty on a Zinger while twitching on the south side of Sangster at the drop off. Since then, he's hooked on sports fishing.



Practical Tools for Protecting Your Online Privacy

In this column I've tried to show both how the forces of surveillance capitalism acquire and monetize our attention and data, and bring to the surface some of the invisible machinery designed to track and manipulate us. The good news is you don't need to be a tech expert to push back. A handful of simple privacy-enhancing tools and settings can make a real difference.

Not all browsers are created equal.

Your browser is the front door to the internet. Some, like Firefox and Brave, are designed with privacy in mind, while others — notably Chrome and Edge — are deeply integrated with corporate data tracking, customer profiling, and advertising businesses. Simply switching to a privacy-focused browser reduces the amount of information flowing to surveillance networks.

Lock down your privacy settings.

Whichever browser you choose, take a moment to review its settings. Same for the privacy settings for your online accounts, like Google. Turn on options to limit tracking, restrict data sharing, and require permission to access things like your location, camera, etc. Be aware: "private" or "incognito" browsing mode does nothing to protect your privacy on the internet — it only prevents history being stored on your local device.

Refuse cookies, don't log in.

Web "cookies" are also a powerful tracking technology. They are needed to login, but otherwise there is usually no need to "accept cookies" for most sites - choose "reject non-essential" instead. In general, don't create accounts and avoid signing in unless you have a real need — that login cookie is like carrying a tracking device with you as you browse the web. Log out when you are done to ditch the tracker.

Install an ad blocker.

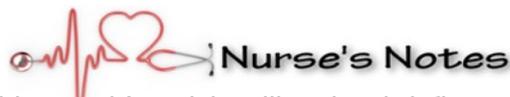
Online ads don't just sell products — they track you. Install a reputable ad blocker add-on, like "*uBlock Origin*", in your browser to remove this surveillance layer. Enough said.

Search without being surveilled.

Google's core business is no longer to serve up the best search results but rather to track and profile you so it can serve up ads that are more effective at manipulating you. Alternatives like DuckDuckGo don't track your queries or build personal profiles, while still delivering equally useful results.

Each of these steps reclaims a little more control over your digital life. Pick one or two to start, and you'll already be ahead of the game. Together, they form a strong baseline of privacy protection.

– *Joseph Fall*



This month's article will review briefly osteoporosis, a disease more commonly found in post- menopausal women and elderly men. Osteoporosis is a bone disease that develops when bone mineral density and bone mass decrease, or when the structure and strength of bone changes. This process can lead to a decrease in bone strength that can increase the risk of bone fractures. In fact, osteoporosis is the leading cause of broken bones in the elderly. It is also known as the silent disease as you may not know you have it until you break a bone. Bone fractures can happen in any bone but the bones most frequently affected are those of the hip, vertebrae in the spine and the wrist.

The various ways you can help prevent the disease and your fracture risk are: i) staying physically active by participating in weight-bearing exercises such as walking; ii) drinking alcohol in moderation; iii) quitting smoking (or not starting if you don't smoke); iv) taking your medications, if prescribed (which can help prevent fractures in people who have osteoporosis); and v) eating a nutritious diet rich in calcium and vitamin D to help maintain good bone health.

To determine whether an individual has osteoporosis, a bone mineral density test (BMD) may be ordered by your clinician. A BMD test can tell you whether or not you have osteoporosis or how likely you are to develop it in the future. It can also help you make decisions that may prevent bone fractures and future bone loss.

Best in Health for All - ♥Dianne

Nurse in clinic: Thurs, Sept 11, 18, 25 11 – 3pm

Isle of Yew

Peter Cressey and Sonja McRae are yew tree enthusiasts who visited Lasqueti and wanted to meet the island's yew trees. Kathy Schultz gave me a list of the top four she had located (the biggest, the oldest and a few other notable ones) and a small group of us went on a yew tour of the island. Pete and Sonja were impressed by the biggest yew (the second largest one they know of in BC!) and also dismayed by how few saplings we saw - they believe due to the sheep overgrazing.

Pete is working to have the yews in BC receive endangered species status. He offered to send us some seeds from a healthy stand of yew on the west coast if anyone would like to try to propagate them.

- Sophia Rosenberg

From Pete: Great to reconnect with some friends again, visit some amazing old trees and to see how the Pacific yew tree population is surviving on a Gulf Island. My interest in yew trees extends to being involved in a research proposal 'Assessing the Status of Pacific Yew in British Columbia'. One of the paper's aims is to address knowledge and data gaps on the tree's population as there have been rising concerns from both First Nations and others on its dwindling numbers. The research proposal comes from an attempt to have COSWIC (Committee on the Status of Wildlife in Canada) list the tree as 'threatened or of 'special concern'.

We were only here for two days but we noticed the amount of browsing of understory from the feral sheep population on the island and also on Jedidiah. This was concerning as there were no signs of any younger trees or much regeneration. As Sophia explains, there are some wonderful old yews here and it was clear from the islanders we met that they are a source of much pride. Thanks to everybody who guided us and those who allowed us to visit on their land.

For more information or a copy of the research proposal please contact: Friends of Carmanah Walbran at friendsofcarmanahwalbran@gmail.com



Carolyn Mason

Pete, Sonja, and Aigul measuring the diameter of a large yew tree



Carolyn Mason

Aigul and Sophia feeling the yew-love

Carly McDowell's Blessing Way, Aug. 25th



Heather Crawford

Queen Carly and Violet



Issa Olson

Fruit-full



Painted plaques with our blessings



Meet the Neighbours



Bryna & Shawn Mannix, Main Road, south end

On seeing Shawn move rocks and piles of wood and gravel around our place, I confess that “plant lover” did not spring immediately to mind. But Bryna says their home in Blackfoot, Alberta was filled with house plants that visitors mistakenly complimented *her* on. The gardening and permaculture here fascinates him: “I love it.”

Shawn was a farm boy – herding cows, riding his horse to town, feeding the chickens and pigs, and gardening. Bryna was in the next town over. Their families knew each other through school, so inevitably they met. Their marriage followed by two sons and her work as a Teaching Assistant provided the perfect schedule for Bryna. Watching “her” kids grow was pretty great. But it wasn’t what she really wanted, so when their oldest went to college, so did she (she studied business admin and accounting). She loves getting things organized.

Meanwhile Shawn worked “a lot of years” in the oil patch, day and night shifts. It was hard on the system. “I was mentally DONE with the oil fields. I wanted to get back to the land.” When he and Bryna visited Shawn’s kid sister on Lasqueti, he was captivated. Bryna? “I had to be persuaded a little bit, because we were leaving everyone behind, and our youngest was in Grade 11. But it’s beautiful. It’s so different from anything else. At first I was skeptical, but it’s rewarding. And making friends has really helped with the move.” They bought property, lived in a trailer and started making improvements. In their rented house, Bryna is much happier with a full kitchen (“I really missed cooking”). She looks forward to unpacking in their own place. Shawn has the mill to produce their wood, when he’s not producing for others, processing firewood, wood chipping, working construction or busy with the fire department. Bryna hopes to find the right admin/accounting opportunity.

What Bryna loves is the peacefulness of Lasqueti. “There’s nobody here. We’re both introverts -- and the beauty and quietness: the walks, the beaches, Squitty, Boat Cove, Boot Point, and the friends we’ve made.” For Shawn, “Lots . . . There is a different sense of community out here that you don’t see very often. And there’s some very neat people here to learn from.” Neither Bryna nor Shawn are fans of going across in stressful times, but there’s less need to now. And hey, “if you build it, they will come.” The kids are coming for Thanksgiving! - *Suzanne Heron*



Kate Hackett and her mom Ev Livingstone, with trout (?) caught in Scotty Creek off Lennie Road, about 1950 (submitted by Kate Hackett).

Cemetery History Project

Sheila Ray and I (Kathy Schultz) have undertaken the project of writing a brief biography of each resident in our cemetery. Hoping to give a brief glimpse of their life and their history on the island. With seventy-nine graves in our cemetery, we could use help from anyone who would like to assist by writing about someone they have known well. morkats@gmail.com and sheila@lasqueti.ca



Plum and Apple Cider Vinegar

Anybody who knows me even a little bit knows that I love fermented foods. In part this is because, as Sue Wheeler once said to me, “it’s all about the transformation”. But I’m also drawn to ferments because of my love of ancient heritages. Fermented foods have been a significant part of traditional diets around the world for many thousands of years because they increase food’s nutritional value and shelf life and provide probiotics for our gut. In the 20th century, there was a decline in food fermentation both because of the industrialization of foods and because immigrants and younger generations were embarrassed by the “stinky foods” of their traditions. Thankfully, there is a recent resurgence of food fermentation knowledge. I say, “bring on the stinky foods”.

With the abundance of fruit that we’re enjoying right now, it’s a good time to start making fruit vinegar. Here are my recipes for plum and apple cider vinegar, both of which are transformed through the magic of acetic and lactic acid bacteria. You will need a vinegar “mother” for these recipes. The mother is a gelatinous mass that contains yeast and bacteria that is formed during fermentation. I have jars and jars of extra mother. Let me know if you want some.

Plum Vinegar

Fill a large glass jar $\frac{3}{4}$ full with clean, whole, ripe plums. Although the plums can be quite ripe, make sure there are no mouldy plums in the mix as the mould might interfere with the fermentation process. Add 1T of sugar to speed fermentation. Add vinegar mother. Cover plums with water till 2-3 inches from the top of the jar. Place a glass jam jar on top to keep the plums below the water. If you’d like, cover loosely with a cloth or a lid to keep the dust out. Place the jar on a plate to catch overflow (see photo).



In a few days, the plums will start frothing. Just leave them to do their thing. In about two weeks the plums will settle to the bottom (see photo). When the mash is completely settled, strain out the mash and compost it and put the liquid back in the jar with the mother (or new mother). Now leave it for a few months till it’s vinegary enough for you (4+ months).



My fermentation shrine. In front, two jars of settling plums, with pickled lemon cukes on either side, and a jar of finished apple cider vinegar with lots of mother in the middle.

Apple Cider Vinegar

Get some fresh pressed apple juice (best if made with multiple varieties of apples) and leave it for a few days till it starts to ferment (i.e., it’s at that yummy sparkly stage). Add some vinegar mother to the juice and then leave it covered lightly for 4-5 months. – Dana Lepofsky



Hey Lasqueti. Here is a great on-island job!

Lasqueti Island Nature Conservancy (LINC) is seeking a contractor to assist the Directors in conducting stewardship activities on protected lands on Lasqueti Island. The Stewardship Coordinator Contract is a 1-year, part-time, contract position, approx. 8 hours per week to start. It may be renewed after the first year, pending funding and evaluation of the initial term.

The Stewardship Coordinator will, at the direction of and with assistance from the LINC Directors, be responsible for the following tasks:

- Organizing and managing LINC’s volunteer base for work parties, events and special projects;
- Implementing service contracts with the Islands Trust Conservancy, BC Parks, and BC Parks

(LINC cont'd from previous page)

Foundation, including organizing tools, materials, and volunteers in order to conduct invasive plant removal, trail building, fence building, site monitoring and other conservation tasks.

- Assist with monitoring Covenants at Mt. Trematon Nature Reserve, Johnny Osland Nature Reserve and Salish View Nature Reserve once a year.
- Special Projects at the direction of the Board

The work will involve outdoor physical labor and requires familiarity with hand tools. It will also involve office work: proficiency with computers and standard software programs is necessary. The work will involve field- and office-based record keeping, reading and writing reports, and some public speaking. A reliable vehicle is required.

The rate of compensation is \$30/hour, plus mileage at \$0.70/km for LINC projects. LINC will provide part time office space, with access to a computer and printer.

The successful applicant will have background and experience in one or more of the following areas: land conservation, natural history and wildlife ecology, non-profit management, public communication, and property management.

The ideal candidate is a self-motivated, organized person who is comfortable with a diversity of people, happy being in the outdoors, willing to learn, who works well with others and supports LINC's mission.

Lasqueti Island Nature Conservancy Mission Statement: *LINC conserves nature on Lasqueti Island and surrounding islands and waters through education, stewardship, restoration, and long-term protection of areas of ecological and cultural significance.*

Please send your submissions to LINC@lasqueti.ca <<mailto:LINC@lasqueti.ca>> by Friday, September 12, 2025 (midnight) to be considered for the position.



Ken Lertzman

Fall Fair – September 20, 2025

As the harvest comes in and the days grow shorter, we give thanks for the food, friends, and community to share it with and we honor the land and the generations who tended it before us. The Fall Fair is our annual celebration of this abundance. Let's welcome the change of season by coming together!

This year **doors open at 1 PM**, and we dive straight in with **food contests, the chicken pageant**, kids races and knot tying competitions and much more! Then it's time to indulge in **wine and pie tastings**. Later pick your side on the **classic North vs. South tug-of-war** (may the best side win!), and marvel at the strength (and humour!) of **Ms. Lasqueti Biceps** and **Mr. Lasqueti Legs** (laughter guaranteed).

As evening falls, we will kick off the dance floor with **Denise** leading the **Virginia Reel**, a dance for all ages that promises giggles and happy chaos. And finally, **SimPatco** takes the stage, bringing their father-daughter grooves to turn the Fair into a full-blown dance party!

Like last year, food will be a mix of vendors and community contributions. If you'd like to sell something delicious, donate a pot of soup, chili, or dessert, or provide veggies for others to cook with, please contact Shoshanna (shoshanahray@gmail.com). Or gather a few friends and fruit trees, and co-create a big pan of crisp for everyone to enjoy.

As always, proceeds from the Fair go to the LCA, supporting projects that keep our beloved Community Hall thriving. And like most things Lasquetian, the Fair's magic depends on all of us coming together. **Please join us! Want to get involved? We would love your help!**

•**Displays:** Hilary (Haze3@rocketmail.com)

•**Games/Competitions:** Jenny V (jennyv@lasqueti.ca)

Food vendors, serving, dishwashing & clean-up: Shoshanna (shoshanahray@gmail.com)

•**Pie, jam, salsa contests or chicken pageant:** Dana Angel (townsiteyoga@gmail.com)

Door volunteers or Sunday clean-up: Andrew F (andrew@gowlland.ca)

An Interview with *SimPatrico*: Father–Daughter Duo at the Fall Fair

Band Name: *SimPatrico*

Band Members: Simi (vocals) and Paddy (guitar)

Q: How did your father/daughter duo begin?

Was there a “first song” moment that got it all started? And what’s your band name?

A: Our father–daughter duo, *SimPatrico*, began as soon as baby Simi could talk! Paddy was on the guitar, and Sim grew up in a musical household where singing together came naturally. Our first “song moment” was probably *Don’t Cry for Me Argentina*. Simi did all the crying at 8 months old, and Paddy did all the guitar playing! But our actual first song together was *Brand New Key* by Melanie, a song about roller skating by your door at daylight... some of you might remember that from Grub and Grooves many years ago.

Q: If your music were a recipe, what would the ingredients be?

A: Some good laughs, six strings, a dad who’s great at playing them, a daughter with some vocal cords and then throw in a glass of red wine.

Q: Who are your biggest musical inspirations?

A: We both love our Canadian rockers like Neil Young and Alanis Morissette, and we’re also drawn to the legends of the ’60s and ’70s.

Q: What’s the best thing about making music as a family?

A: Making music together is one of the most special things we do together as father and daughter. *SimPatrico* has evolved over the years as we grew up and continued making music together. Learning new songs, having fun and laughing together is the best!

Q: Share a performance memory that still makes you smile.

A: Favourite memory is Arts Fest 2025. It was so amazing to be back on that beautifully decorated stage after nearly 10 years! We loved looking out and seeing all of our favourite people cheering us on, dancing and having fun. What a fantastic day!

Q: Have you played on Lasqueti before? What are you most looking forward to?

A (Simi): I was born in Lasqueti, and absolutely loved growing up playing at different events here. It’s amazing growing up doing that, and being loved and supported by all my island family for all those performances. We’re so happy to be playing for everyone this year.



Q: Without giving too much away... is there a song you’re especially excited to share at the fair?

A: We’ve been working on some new tunes, including a few Bob Dylan and Joan Baez classics. We can’t wait to play them for you!

Q: What do you get up to when you’re not making music?

A: Off stage life is busy! We both enjoy climbing, travelling and adventuring as much as possible. Bonus points if we do it together!

Q: If you could describe your upcoming Fall Fair performance in just one word, what would it be?

A: *Groovyyyyyy.*

Catch SimPatrico live at the Fall Fair, September 20th, 2025!



Xavier Darwin and Zack Cjeka fishing from the False Bay dock

Ken Lertzman

Community Calendar

Sept 20: Fall Fair.

Sept 23: Last Resort Board meeting, 1pm, at JFC.
Public welcome.

Nov 22: Tsk Tsk Revue.

Nurse's clinic: Sept. 11, 18, 25. 11 - 3pm

Lasqueti Yacht Club End of Season

Greetings Community! It's hard to believe but the end of summer is just around the corner. And that pretty much wraps up another season for the Lasqueti Yacht Club. We've had some amazing turn outs at our laser sailing days and pub nights and have a record-breaking number of members. Thanks to everyone! who's come out to the events and welcome to our new sailors!

If you're thinking of becoming a member of the Yacht Club, this is a great time to join. This year's AGM and dinner is on September 13th and new members are welcome to get in touch with Doug Dobbyn 250-240-6281 to buy your tickets to the dinner and let Doug know you'll be paying for a membership at the dinner. Tickets to the dinner are \$40.00 each, and memberships are \$30.00 per adult, children under 18 included. This membership will be for the 2026 season. So you get to come to this year's event and have membership for next year. What a deal!

This year the Yacht Club's AGM and Commodores Ball is a Western Theme. We'll be doing a fund raiser for the proposed Playground and Frisbee Golf course at the hall. We're planning a silent auction and Laila will be organizing the frisbee-golf putting again. If you didn't get a chance to try it out at the Firefighter's picnic, this is your opportunity.

We're still looking for donations for the silent auction. Great items would be services, gift cards for goods or to Lasqueti businesses. How about an afternoon on someone's boat or, an expedition to the Finneries for a small group? A bouquet, veggies or an offer of a picnic lunch would all work! Any donations are gratefully accepted. For contributions please contact: Richard Chesham 403-760-0979 rchesham@me.com; Deb Perell 250-927-4403 debperell@hotmail.com

Thanks for a great season and we hope to see you at this year's dinner and AGM September 13th! – *Deb Perell*

“Wild Threads”: A Fibre Arts Show September 5 – October 1

“Wild Threads”, a multi artist show featuring a variety of fibre arts: weaving, quilting, knitting, stitching, mending, dyeing, printing, and more will be at the arts center gallery through September.

Opening reception Friday Sept 5, 6 - 9pm. Please join us in celebrating the beauty and magic of fibre and thread, fur, flowers and foliage!

The show will be creatively curated by Valeria de Rege, Sandra Smirle, and Violet Rosehart. Gallery will be open during post office hours, and by appointment.

For more information, contact Valeria:
(250) 240 0866

Tsk Tsk Revue

The renowned, irreverent, sexy, and silly Tsk Tsk Revue returns to the Lasqueti Community Hall on November 22, 2025. Mark your calendars, stay tuned for details and (if you're the type) start dreaming up an act! - *JennyV*



Willow Grinnell

Doane Grinnell looking mighty pleased with himself (summer 2025)

Our Week in Review

	Sun	Mon	Tues	Wed	Thu	Fri	Sat
A Life TimeZ Nursery		10 - 5					
Black Sheep Gas		2 - 6			2 - 6	2 - 6	
Feed Store		11 - 3			11 - 3		
Ferry – from FB	1, 4	8, 11, 4		8, 11, 4	8, 11, 4	8, 11, 4	8, 11, 4
Ferry– from FC	2:30, 5:30	9:30, 2:30, 5:30		9:30, 2:30, 5:30	9:30, 2:30, 5:30	9:30, 2:30, 5:30	9:30, 2:30, 5:30
Free Store		10 - 5			10 - 5		
Life Drawing			7 - 9				
Nurse					11 – 3**		
Parsimony & Providence		2 - 6			2 - 6	2 - 6	
Post Office		10 - 4		10 - 4		10 - 4	
Propane filled						1 - 3	
Provisions	10 - 5	9 - 6	10-5	10 - 5	9 - 6	9 - 5	9 - 6
Recycling		10 - 5			10 - 5		
Pub – Coffees	9 - 1:30pm				7 - 10:30	7 - 10:30	7 - 10:30
Restaurant/Pub	3 – close	5 – 9pm	3 – close	3 – close	3 – close	3 – close	3 – close
Ultimate Frisbee	5:30			5:30			

*Nurses clinic: Thurs, Sept. 11, 18, 25



We want to hear from you!

The draft Islands Trust Policy Statement has been developed to help island communities adapt to current and future challenges and opportunities, and to reflect Islands Trust’s commitments to Reconciliation, climate change, and diverse housing options.

Your input on the draft Policy Statement matters!

Provide input:

Complete the survey | Call: 250-405-5151 | Email: islands2050@islandstrust.bc.ca | Attend the Lasqueti Island Local Trust Committee meeting on October 6, 2025

Learn more:

Register to attend the virtual Town Hall on September 10, 2025 | Read the draft Policy Statement
Scan the QR code or visit: islandstrust.bc.ca/programs/islands-2050



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Theresa Walters

A great day fishing with Charlie Walters and his grandson's Charlie and Jack



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Xwe'etay News is the monthly newsletter of the Lasqueti Island/Xwe'etay community. All submissions come from the island's community; donations cover production costs. An editorial collective is responsible for final production. To submit material for consideration (<400 words) or to make a donation: xweetaynews@lasqueti.ca

Online versions: www.lasqueti.ca/xweetay-news

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