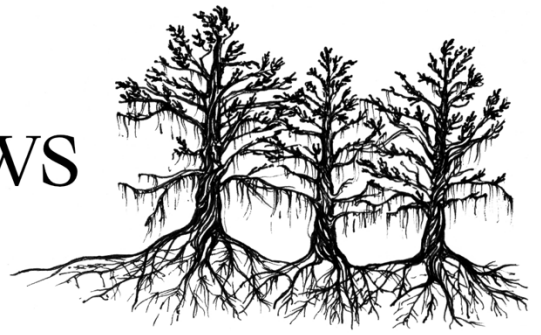


Xwe'etay News



Issue 6

July 2024

A Note from your Editors

Unbelievably, this month's issue marks the half year mark for *Xwe'etay News*. We continue to have fun collating the island's happenings and are so impressed by the diversity and quality of the submissions. We love being a collective, with each of us doing a part each month: from keeping up with the accounts and the mid-month reminders, to editing and collating the issue and sending off to Dianna to produce the on-line version. Then there's picking up the print job in Parksville, folding, and delivery to the PO – all of which often falls to honorary collective member Mark B. And, of course, we couldn't do it without our posties, who deliver a paper version to every island mailbox.

If you want to donate to the newsletter, contact us. We accept cash, cheques, and e-transfers.

Check the back page of the newsletter for submission deadlines. They vary each month.
 - Anna Dodds, Karen Gates, Dana Lepofsky, Dianna Maycock, Jenny Vester, and Wendy Wickwire – aka *The Yew Collective*;
 xweetaynews@lasqueti.ca

Student Corner



Home

I'm from porcupines nibbling the walls and cats scratching at the door.

I'm from chipmunks biting my fingers and the Beavers who slap their tails on the surface of the water.

Where the deer stand in the headlights and the skunks scutter across the road.

From where the wild blueberries grow along the bank of the lake,
 the squirrels scamper up trees,
 and the birch bark burns to give us heat and cook our food.

I'm from the chair that I sat in to shell peas.

I'm from the window I looked out of to see the fox with the chickens in his mouth,
 from the dragonfly caught in the greenhouse to the friends and family surrounding me.

- *Cat McCann* (grade 5)

Where I'm From

I am from Arbutus, dried moss, sheep and Oceanspray.
 From the smell of dust, Cindy's blueberries, and smoke from the waffle iron.

I am from broken family reunions, and "We're too loud."

Memories of abstract paintings, the first time I wrote down the alphabet.

I am from downtown ice cream and Christine camera tag, Heron Bay clams and everybody's it.

Frisbees and flying off the dock, hiding from roosters and picking green cucumbers.

I am from the Island made of small broken laws, firewood, boating and dance.

I am from those before me, Julia, Acacia, Verna. But I am from one place unlike any other. Quiet and isolated, full of community, all that we need. I am from Lasqueti. - *Ilah Dryburgh* (grade 8)

We acknowledge and honour the Indigenous Peoples who, for generations, have made Xwe'etay/Lasqueti their home.

In Loving Memory of Bjorn Moen

It is with great sadness that we share the news of Bjorn Moen's peaceful passing on June 6th, 2024. He was a beloved member of our community, known for his kindness, generosity, warm spirit and love for his children. Bjorn will be deeply missed, and his memory will forever live on in our hearts. Our thoughts and prayers are with his family during this difficult time.

A Gofundme has been set up to help support Cruz and Sterling's immediate needs, including living expenses, education, and any additional support services they may require as they navigate this challenging period. Please follow the link for more information. <https://gofund.me/7e36cf55>

- Bjorn's Lasqueti Island Family



Grief Recovery and Community

Grief: Conflicting feelings after experiencing the end of or change in a familiar pattern or behaviour.

There are many life events that can cause us to experience grief. Death and divorce are the most common, but other events include moving, graduating, job loss, health decline, miscarriage, legal troubles, empty nest, holidays, retirement, end of addictions, and pet loss.

After a loss, the body goes through a natural and normal process. Initially, in the first day to weeks and maybe even months that follow, the body and mind may feel a sense of shock or numbness. This is normal.

It is very normal to experience major distraction and the inability to concentrate. We can experience a change in our sleeping patterns. We can experience a change in our eating habits.

And the biggest one of all, of course, is a roller coaster of emotions that follow in the wake of a death or loss. They ebb and flow with no rhyme or reason sometimes.

This is all part of grief. As humans with beating

hearts, this is something we can't escape. We all go through it at our own pace. There is no timeframe.

As painful as it is, grief can be even more painful in silence. Instead of "being strong", consider being true to your broken heart. Have you ever said or heard someone say something like, "I need to be strong for my dad since mom died." Or, "I need to be strong for my kids since the divorce." By being strong, the message we could be sending, or receiving is don't show or feel your feelings. All very innocent. This concept of "being strong" is deeply engrained in all of us and has been passed down from well-meaning generations. The truth is, we must feel to heal.

Finding a safe person to share your feelings with, someone who can listen without fixing is a healthy way to start processing the emotional pain we carry around. This is one step forward to recovery

- Lisa Mackay, Grief Recovery Method Specialist
IslandgirlGRM@outlook.com

~~~~ Ebbs and Flows ~~~~

Trails of my Ancestors

My great grandmother Emma (Purser) Douglas and her husband George Douglas moved to Lasqueti Island in 1911 and resided there until their deaths in 1952 and 1954. Both were buried in the Lasqueti cemetery. Recently we honoured them by placing stone markers on their graves. Emma was born on July 20, 1870 at Fulford Harbour, Salt Spring Island; George was born on August 1, 1871 in Victoria.

George was a logger on the Cowichan River in Cowichan Bay. Due to rheumatism, he was advised that a coastal life near salt water could help. Apparently, Harry Higgins mentioned Lasqueti Island to the couple and offered them his empty house at Boat Cove. Emma's sister and husband, George Volkweis, also lived on Lasqueti. She was the Post Mistress.

Emma was known as the island "doctor" delivering many babies. She used her herbal knowledge to cure illnesses. In her early years, she rode all over the Island on horseback to reach her patients. She also walked long distances, using a lantern at night. Her mother, Annie Kolletonat-Sichemon, a member of the Cowichan Tribes, passed down her knowledge to Emma. Annie was the herb doctor for the Cowichan Reserve.

Emma and George lived in a house on the flat above Richardson Bay. Emma had recorded all her herbal cures in a brown book which was lost when the house caught fire and burned down.

In 1915 Emma and George established the "Old Douglas Farm" planting many apple trees and operating a commercial apple orchard. More than a century later, many of those original trees are still producing wonderful fruit.

Emma could cook, can, sew, knit, card sheep wool, garden, and help in the fields. She did whatever needed doing, always cheerfully and tirelessly. The Douglas's always had people around. Their house was full most Sundays. There was always storytelling.

My parents Wilfred and Lillian Kitchen (Emma's granddaughter) with my two eldest siblings lived with Emma and George at the Douglas Farm in 1931 for a couple of years before moving to Salt Spring Island. Mom would bake pies and Dad would row the boat to the fishermen to sell the pies.

We are pleased that the Old Douglas Farm is well maintained and operating as a Cidery using apples from the original trees planted by the Douglas's.

We have visited Lasqueti twice this past year and enjoyed its simplicity and the lovely people on it. - *Dorothy Hamer*



Birds on Lasqueti

Birding by Ear

Spring and early summer -- the most exciting time of the year for birders. Warblers, swallows, flycatchers and birds that we haven't seen since they left in the fall are back to claim territory, build nests and raise their young. This is also when these beautiful little birds hide in the new leaves of the big leaf maple, the salmonberry thickets, and all the other emerging greenery. How to recognize who is here before the nestlings fledge and the birds head back to their southern homes?

Now is the time to use our ears. Every bird has its distinct song to let other birds know it's here and we can listen in. I have a very poor aural memory and have always found it impossible to remember a bird's song. But now we have Merlin.

Merlin is an app that identifies bird songs for you. Check it out. Once you have downloaded it you don't need to be on the internet to use it. Don't get overwhelmed trying to learn all the bird songs at once. I find it best to choose one bird that I hear often and every time I think I hear it, I check with Merlin. Once I get that song firmly in my brain, I choose another. Now I can walk along our trail and identify most birds without seeing them.

Merlin does make mistakes. So, if it says you are hearing a bird that is unlikely, take it with a large grain of salt.

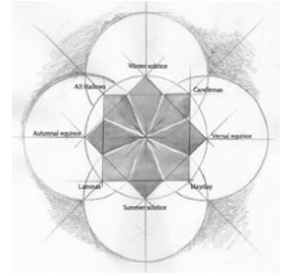
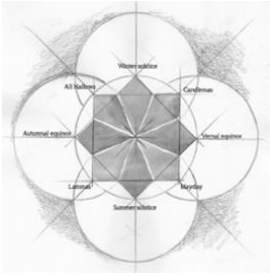
There are some songs that are so easy you probably already know them: the Olive-sided flycatcher that sings "quick three beer", the Barred Owl that asks, "who cooks for you, who cooks for you alllll." - *Sheila Ray*

Poems for Cross-Quarter Days

Summer

At the peak of the wondrous green frenzy of June
there is a sudden pause. Solstice, from the latin
sol sistere:
sun still, sun stations. The sun stops
high in the sky, smiles at us like a child's yellow-
rayed painting
smack in the middle of the bluest possible blue
all day long, and all the long, long days
which feel (briefly) like they will go on forever.

- *Sophia Rosenberg, 2024*



My Son, Papa is Frightened Too

Is it the earth's spin,
or the restless winds
that makes the clouds stream
like sped up film...

Is it the bad dreams, the growing pains,
the climate's unraveling change
that makes my son, in the terror of a lonely night,
wet his bed, time and time again?

Candle flames burn toward the sky.
Wax drips down and all the meteors fall.
Mercury has a one-track mind, the temperature is
only rising.

Life's not timeless like the tide, we are born to live
until we discover we're all just dying

Caribou race along the barren ground;
The few thin wolves following will soon run them
down.

Fires took their forest, pit mines poisoned their
streams,
their habitat's been gone for ages, turned to
bygone dreams.

Hurricanes push the oceans before them like
snowplows,
Drowning the beaches, razing coastal towns.
The bleached coral reefs, seen from satellite eyes
Look like catacombs of white skull piles, mounded
high.

Mountain tops are barren and old,
Streams are sand and stone,
Keystone creatures are extinct
and wearily, we now accept that we are on the
brink.

On Easter Island all the titanic toppled heads have
been raised

A treeless island of meagre grasses where herds
of wild horses still graze;
Those heads laboriously placed with their backs to
what's going on,
like atheist scientists praying to the AI gods, the
final fix needs faith.

Is it the earth spin
Or the restless winds
that makes the clouds stream,
like sped up film, on the big screen,
like a Charlie Chaplin movie,
Where in black and white
what's best of us, what's left of us,
can neither laugh nor smile,
we muddle along like the little tramp,
trapped in the script of our last mile...

My little son is afraid.
I tenderly wash him, make up clean fresh sheets
and put him softly back to bed.
Somehow I'm crying.
I wipe those tears on my rolled up sleeve
and kiss his satin little boy cheek,
soft like the undersides of long extinct owls' wings.
He is the best of us, perhaps the last of us.
I don't know how to fix this world we brought him
into...

I am frightened too.
But when I watch him sleep, the worries fade into
dreams
and my worn heart sings, it is the way of things
- *Dolf Schoenmakers*

Wisdom from Xwe'etay Gardeners



Biochar

Biochar is a pretentious name for charcoal used as a soil amendment. Its popularization comes from research into an Amazonian soil known as terra preta. This soil, produced by farmers in Pre-Columbian city-states in the Amazon, is remarkable in that it is self-fertile, and it has increased in fertility over time, as opposed to other soils in the area, which lose nutrients quickly when forest cover is removed.

The main distinguishing feature of this soil is the charcoal, which came, it is theorized, from a practice of slash and char, i.e., clearing land and burning the debris in pits. Another remarkable aspect of this soil is that its carbon has been stable for thousands of years, leading many to promote biochar as a means of carbon sequestration. Research into the charcoal component has shown that it improves water and nutrient retention, especially in sandy rain-leached soils.

Biochar (carbon) is reasonably easy to produce because carbon must combine with oxygen to break down into CO₂ (carbon+2 oxygen). As a campfire burns, you will notice coals (carbon) buildup in the centre, where oxygen can't reach because it gets consumed in the outer fire. This process can be accentuated by building your fire in a pit, surrounding it with a ring of sheet metal, or building your fire in a steel barrel with no ventilation holes, tipped at an angle, and then quenching the coals with water when you have a significant buildup.

It is best to mix your charcoal with something to inoculate it before adding it to your soil. I add it to my chicken bedding and then compost that bedding. It also makes the chicken house smell less. We use it in our pee bucket to capture that nitrogen for the garden; you could also soak it in weed or compost tea.

My use of biochar is faith-based, and I do not have the time or inclination to review all the literature and countervailing claims. There is a strong case that it helps hold onto nutrients in sandy rain-leached soils, and there is no argument that it is stable in soils for hundreds, if not thousands, of years. So, it seems a good fit for me in my quest to grow nutrient-dense food and it's a small but concrete thing I can do about climate change. - *Morgan Runnings*

Waste Case Scenario



Eyeglasses

Recently we cleaned out some dusty corners in the house and a box full of old prescription eyeglasses surfaced. For decades, whenever either Mark or I got a new pair, the old ones got chucked in and forgotten because we didn't want to throw them out.

According to an organization called Earth 911, more than 400 million pairs of glasses are landfilled every year. The frames are usually made from plastic or metals and can include lead or mercury which are toxic to the environment. The "glasses" part of glasses are often made of an amalgamation of plastics. Even the little silicone pads that sit on our noses are slow to break down in landfills. Clearly, we should not be dumping our old glasses, but recycling isn't a viable option either as glasses are complex constructions.

So how can we extend the life of eyeglasses we no longer use? If the frame is still in good shape, new lenses can be fit into them. Lenses can be popped out and the frame can be used for costuming. If you google ways of creatively using old glasses, you'll find ideas for mini photo frames, 3-D jewelry, lamps and even a chandelier!

However, the best thing you can do with your old eyewear is to donate them. Not everyone who needs glasses has access to affordable eye care. The World Health Organization reports that 2.2 billion people around the world live with a vision impairment and in at least 1 billion of these cases, vision impairment could have been prevented or has yet to be addressed. 89% of visually impaired people live in low- and middle-income countries. 100% of people need reading glasses as they age due to hardening of the eye lens; and visual impairment will triple worldwide by 2050 due to the ageing of the population.

Fortunately, many non-profit organizations are willing to collect and redistribute unwanted eyewear. In Parksville, the Iris store has a collection box for glasses be they sunglasses, readers, or prescriptions for adults or children. You can drop them off there or for the month of July you can bring them into the recycling depot and Mark will take them in. The representative I talked to said there is no limit on what we bring in, but please no cases. Now, go dig through your drawers and donate! - *JennyV*

Creatures are my Teachers

A Robin's First Vote

A paper bag containing a baby robin was left in my mailbox. At home, I held him gently while he struggled. I whispered sweet nothings into his ear. We maintained eye contact. Before nightfall, the bird was perched on my finger, accepting worms. I named him Bee-Doop, because that is the sound he made.

I rigged up a branch for a perch. No cage was needed. A nestling stays in one spot and my cat could be trusted implicitly.

The next day was the election. I hiked to the hall with Bee-doop nestled in my palm. We peered under logs for treats along the way.

In the voting booth, I was about to mark my X, when I looked at Bee-doop. I looked at the ballot. I looked at Bee-doop again and let the robin choose. Green.

Bee-doop used body language to teach me. When he wanted his first bath, it took ages to understand. He swung his head back and forth. I tried cherries. Nope. Worms. Uh-uh. When I offered a plate of water he instantly jumped in and splashed enthusiastically.

Fledge day - He met the chickens and followed me everywhere. Later I found him lounging on the duvet. He had come in through the broken cat door.

At sunrise, after Bee-doop's first night out, I woke to a thin, long, barely audible tone I somehow knew was for me. And it was. He was outside the window on a log, watching.

A friend was carrying a bowl of raspberries when Bee-doop zoomed down from the sky, landed on them, and pigged out. Visitors never know what to expect here.

After a week, he fledged for good.

I believe I saw him the following spring. Robins don't visit my yard, but one landed on the feeder and lingered. Robins don't eat seeds, so it was odd. I took him a plate of mealworms, and he flew back to binge.

Each baby bird I help develops a personality to suit the environment. Imagine being abducted by aliens and plunked into a bizarre world of biped monsters, yet they adapt in no time.

Calling someone a bird brain is an insult, but I know better. These creatures are smarter than most people. So next time I call you a bird brain, take it as a compliment. – Jay Rainey



Phoenix meets Bee-doop

XLAP Update: Results of Interviews with Landowners

One year ago, I had the privilege of spending July on Xwe'etay, speaking to islanders, sharing food and coffee, and enjoying a beautiful month in the sun. I'm happy to share that my piece of the Xwe'etay/Lasqueti Archaeology Project (XLAP) – understanding landowner perspectives on archaeology and corresponding policies – is complete, after more than thirty confidential interviews. Here's what we found.

Landowners are typically knowledgeable about archaeology on Xwe'etay, and many said this knowledge had developed through XLAP's work. Some landowners expressed feeling connected to the archaeological sites and history; a similar number expressed doubts about their significance. Most landowners had heard of the *Heritage Conservation Act*, which legally protects all archaeological sites, but few knew exactly what it meant for them; half of the landowners expressed some wariness around the *Act*, associated with stories of developments gone wrong.

Many landowners expressed concerns about the implications of archaeological sites on their property. One set of concerns centred on legal uncertainty impacting land use and ownership, with several landowners specifically fearing future legal changes allowing Indigenous governments to claim ownership of private property – despite the absence of legal precedent. The other set of concerns revolved around costs, both direct, from archaeological investigations, and indirect, from possible impacts on property value.

On the broader issue of government regulations, while some landowners opposed provincial regulations in general, most argued such regulations were ineffective for rural communities like Xwe'etay.

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(XLAP cont'd from previous pg)

Finally, landowners broadly aligned on policy preferences. Almost all felt that recorded archaeological sites should be on land title. Almost all felt that the Province should cover the costs of archaeological investigations. Landowners generally supported education and engagement over enforcement of regulations. Many identified components of social capital – the norms, values, and trust shared by community members – as more important and effective than regulations for Xwe'etay.

We recommend increased local engagement to improve landowner awareness, alongside greater integration of the local planning system with provincial regulations. For conservation to succeed on private property, landowners need to be considered and informed, proactively. A more collaborative system may lead to better outcomes for landowners, Indigenous peoples, and archaeological conservation. – *Owen Wilson*

ensure that the deficiencies outlined had been addressed satisfactorily. Transport Canada has confirmed that the issues have now been resolved.

Summary of Deficiencies

- Lack of Proper Maintenance and Record-Keeping
- Insufficient Lifesaving Appliances and Firefighting Equipment
- Inadequate Stability Information and Loading Calculations
- Deficiencies in Navigation Equipment and Publications
- Structural Defects and Corrosion
- Boarding and Disembarkation Procedures

Outstanding Deficiencies as of July 2023:

- Inadequate water pressure from the emergency fire pump
- Inoperative depth sounder despite being scheduled for repair
- Expired hydrostatic release unit for life raft and improper securing
- Lack of implemented boarding and disembarkation procedures
- Failure to develop passenger evacuation and safety procedures
- Insufficient proof of passenger liability insurance

Follow-Up and Resolution

In conversations with the Transport Canada inspector, it was stated that Western Pacific Marine (as of the time of the reports and toward the fall season) “needed to get its act together. It looks like now they are headed in the right direction.” The inspector assured me that the issues present in 2023 have (as of June 2024) been properly addressed. He added that he is more confident now that there is a Marine Superintendent (Bryan Coe) with the service provider and is seeing things as more positive.

The past year was a very challenging time for the island with respect to its ferry service. Concerns for safety were expressed, and as we can clearly see from the information contained in this brief summary, there were reasons for concern. The full report (about 75 pages) will be posted to Lasqueti.ca website in the near future.

The Ferry Committee now has more open communications with Marine Superintendent Bryan Coe and with the current ferry crew than it did in 2023 and looks forward to continued safe and reliable ferry service for Lasqueti Island residents and visitors. - *Shelley Garside for the*



Ferry Committee News



A recently released Freedom of Information document was shared with the Ferry Committee regarding Transport Canada inspections of the Centurion VII up to July 2023. The report requested the most recent Transport Canada Inspection Reports at the time of filing. As with many federal government agencies, the information received was no longer up-to-date.

However, some issues outlined by Transport Canada inspectors were concerning to the Ferry Committee, so we immediately followed up to

Summer is here and along with it, hopefully some hotter weather! In the past few years there has been an increase in BC of the number of days with recorded temperatures above 30° C. When temperatures rise so does the risk of heat related illness. People who work outdoors are more likely to be affected.

The following are 4 of the most common heat related syndromes and recommended measures to take.

Heat rash : New or worsening rash in response to heat. **Measures:** Move to a cooling environment. Make sure to change clothing often and wear loose fitting clothing.

Heat cramps: Muscle cramps and persistent sweating. **Measures:** Immediately move to a cooling environment and cool with fanning or water. Rehydrate with water and electrolytes. If a worker continues to work with heat cramps it could lead to heat exhaustion.

Heat exhaustion: Headache, nausea, weakness, fatigue, sweaty, cool and pale skin, increased heart rate and breathing rate. **Measures:** Immediately move to a cooling environment and sponge with cool water. Remove any tight fitting clothing and provide oral fluids if conscious. Urgent medical attention is warranted. Heat stroke could develop if not treated.

Heat stroke: Dry hot and red skin with no sweating. Altered level of consciousness, irregular pulse and increased respiratory rate; cardiac arrest; body temperature above 41° C. **Measures:** Move to the coolest place possible and apply cold water. Heat stroke is a medical emergency! Call emergency services.

Preventing heat related illness is the goal so please, watch out for signs in yourself as well as those you may be working with. Stay cool, Take care, ♥ [Dianne LasquetiHealthCentre@gmail.com](mailto:Dianne.LasquetiHealthCentre@gmail.com) cell: 250-240-5712; Clinic # 250-333-8891

****Clinics Thurs. at JF Health Center, 11-3****

Lasqueti Hacks: Experimental Whole House Smoke Filter

A couple of years ago we experienced some heavy wildfire smoke pollution. When I removed our window-mounted cooling fan in the fall I noticed grey powder stuck in the insect screen. It

was of passing interest at the time and easy to wash off. This winter Sue and I were both horrified and fascinated by John Vaillant's amazing book "Fire Weather". In it he details how wildfire smoke contains thousands of noxious components derived from burning homes, equipment, etc.

If you are connected to the grid, this problem can be easily addressed by closing all your windows and turning on your air conditioner. Although some people on Lasqueti can run a Mini-Split type of air conditioner, most of us do not have the power.

Our potential alternative is to use two window fans. One pulls air in, and one exhausts. In a two-level house that would mean one on the ground floor (preferably facing north) and the other one upstairs facing south. In a one-story house select the two windows with the greatest heat/cold differential. The prevailing wind directions at your location may also be a factor.

Generally, these would be the common AC fan units available at most hardware stores. You can also buy 12/24/48 VDC arrays of 2 to 4 fans online from Amazon. Power consumption is about 50W per unit at full speed. They rarely need to run 24 hours per day since the smoke seems to come and go. Visit <https://wildfiresituation.nrs.gov.bc.ca/map> for a local smoke forecast.

The filters need to be at least MERV 13 or MPR 1500. In both cases a higher number is better but harder to find. There are also certified HEPA filters which you will need to order online. Whatever you get will generally have to be cut to size with scissors and then have duct tape put around all the cut edges so the air doesn't go sideways. A simple wood frame, some insect screening on the room side to keep the filter flat, some hinges or angle brackets to keep it in place and that's it. Our filters are 1 inch thick and come as 16 x 26 inches. We cut them down to 13 x 26.

If you have ideas for improvement, I would love to hear from you.
- Rob Linschoten
rob.linschoten@gmail.com



Editors' note: How 'bout sending YOUR home improvement ideas to the newsletter? ☺



Lasqueti Island Nature Conservancy

At last month's AGM, LINC announced the acquisition of Marine Island by the British Columbia Parks Foundation. BCPF is a non-profit, private foundation dedicated to conserving land for the future of British Columbia. On behalf of the BCPF, LINC will develop a management plan for Marine island which will serve both the Lasqueti community's interests and the Foundation's conservation goals. LINC will bring its local knowledge and experience to the project. This is similar to our role with the Point Young property, also owned by BCPF, where we act "on the ground" to monitor and implement stewardship actions such as removing invasive plants.

We are interested in what the community, perhaps especially those most affected by what occurs on Marine Island, see as important considerations as we embark on this management plan. We will soon be seeking your input for how we can best conserve this wonderful property for all of us now and for the islanders of the future. Marine Island is very interesting ecologically, with its unusual forest character and its geologically varied shoreline. With the permission of BCPF, the Xwe'etay/Lasqueti Archaeology project plans to get a radiocarbon date from the archaeological site we saw on the island.

LINC is proud of the publication of a new book by one of our founding members, Sheila (Izzy) Harrington. Izzy spent the last three years researching and gaining material for her book on land conservancies in the Gulf Islands called "Voices for the Islands". LINC will sponsor a book launch and reading at the JFC on July 21st. More information will be forthcoming.

"In these troubling times of climate change and biodiversity loss, Harrington's book is an uplifting testament to how individuals and communities working together to protect what they cherish can make an incalculable difference."

-Sarah Cox, author of *Signs of Life* and *Breaching the Peace*

To purchase Izzy's book, we encourage you to use this Indie Bookstore shop link:

<https://www.indiebookstores.ca/book/9781772034929/> This connects with local bookstores across Canada to find the nearest store with stock.

- James and Ken on behalf of LINC



Arts Almanac No. 5



As I was going through my books, pulling out anything to do with colour, I came across *Werner's Nomenclature of Colours adapted to Zoology, Botany, Chemistry, Mineralogy, Anatomy, and the Arts* by P. Syme. First published in 1814, it is considered one of the first systemic taxonomies of colour. What I love about it is the lyric language the author uses to describe colour.

Patrick Syme was a flower painter and an art teacher from Edinburgh who came across the work of geologist Abraham Werner and was taken with his descriptions of the colour and lustre of minerals. Syme used these descriptions as a starting point for the names of the colours in this book. Drawing from this, he began to identify where a particular colour appeared in different realms – mineral, vegetable, and animal. Both artists and naturalists alike found Syme's book useful. Notable was Charles Darwin, who consulted his copy of Syme whenever he described a colour. Werner's nomenclature did with the world of colour what Linnaeus did with botany; it constructed a common language that could be used for easy communication amongst people with a shared interest.

In the book, Syme follows the name of each colour with Werner's descriptions of the pigments comprised of the colour along with the names of animals, vegetables, and minerals where such colours can be seen. For example:

No.60 – Oil Green

Is emerald green mixed with lemon yellow, chestnut brown, and yellowish grey

Animal: body and shell of the common water snail

Vegetable: nonpareil apple from the wall

Mineral: Beryl

No. 21- Reddish Black

Is velvet black, mixed with a very little carmine red, and a small portion of chestnut brown

Animal: spots on large wings of Tyger moth; breast of Pochard duck

Vegetable: berry of Fuchsia coccinea

Mineral: Oliven ore

I often resist classification systems, preferring instead to be led by my own intuition about experiences of an object or a being, rather than immediately consulting a book. Even though this is a taxonomy of colour, we are invited to look for connections and reflections in the world around

(cont'd next pg)

us. We are given the opportunity to notice the similarity of colour between the upper side of the wing of a small blue heath butterfly and a borage flower, or an egret and a hawthorn blossom. It is a taxonomy built on relationship and curiosity.

– Jen Brant

A Guide to our Local Governments and Societies

To help newcomers and long-timers alike, Xwe'etay News has compiled a list of the island's governing bodies and societies. For more information on some:

<https://lasqueti.ca/community/view/societies>

Local governments and related:

qathet Regional District (qRD) provides local government services to Lasqueti (other than land-use planning), including waste management, fire department, emergency preparedness, barge ramp, regional parks, grants-in-aid, membership in the Vancouver Island Regional Library (VIRL), and support for the LCA and LLRS. Lasqueti is its own "Electoral Area" (Area 'E') with a regional director representative elected each 4 years by Lasqueti voters

The Islands Trust with local representation by the Local Trust Committee (LTC), makes land use decisions, including zoning and lot size

Advisory Planning Commission (APC) is an advisory committee with appointments made by the LTC; it makes recommendations to the LTC based on referrals

Lasqueti Island Volunteer Fire Department (LIVFD) provides emergency response services across all of Lasqueti Island; providing exterior fire response operations, emergency medical first responder services, general rescue and hazardous materials awareness level only

Societies

Lasqueti Community Association (LCA) runs the hall and is the umbrella organization for various local committees (see LCA column for complete list). Contact: lca@lasqueti.ca

Lasqueti Island Ratepayers Association (LIRA) was formed to represent the interests of property owners on Lasqueti Island. When an issue affecting Lasqueti arises, LIRA provides the platform to give ratepayers a voice in the discussion.

Lasqueti Internet Access Society (LIAS)

Lasqueti Internet Access Society (LIAS) was formed to develop and promote the shared use of computers and other technology by the residents of Lasqueti Island for personal and economic development. LIAS operates a small internet service provider (ISP), wireless hotspots, and provides the equipment on which lasqueti.ca and the Lasqueti email list (email_list@lasqueti.ca) operate.

Lasqueti Last Resort Society (LLRS) is a registered non-profit that operates the Judith Fisher Centre – a multi-use community gathering place, Lasqueti's healthcare facility, and a set of elder cottages. Learn more at www.judithfishercentre.com

Lasqueti Island Nature Conservancy (LINC) conserves nature on Lasqueti Island and surrounding islands and waters through education, stewardship, restoration and long-term protection of areas of ecological and cultural significance. For more info visit <https://linc.lasqueti.ca>

Lasqueti Arts Council (LAC) a) supports, nurture, develop, and encourage the arts and cultural activities on LI; b) fosters interest and pride in the cultural and artistic heritage, and future, of the community on LI; c) helps coordinate and assist in the work of artistic and cultural groups on LI; d) helps coordinate and assist in the development of cultural and artistic activities on LI; e) brings to the attention of all levels of government, the cultural and artistic needs of the LI community

Lasqueti Yacht Club is a community organization formed to represent the interests of the Lasqueti Island's boating community. The Club wants to promote, encourage and foster all forms of water activities - be it power, sail, or human powered. We do this in a manner that promotes safety and competent seamanship. We also embrace an inclusive social aspect that has many fun and informative events for our members. lasqueti.ca/lyc for more information.

MOCHA (My Oceanside Chocolate Home Association) is a person-oriented society to help with care for Latisha

Pete's Lake Water User Society exists to develop and maintain the water distribution system and supply gravity fed water to its membership without the purpose of gain, and to encourage the conservation and good management of the resource.

LCA Update

The LCA AGM that was held on June 8th. Here is a brief summary. Thanks to everyone who made it out. We will try to get the full minutes with all the committee reports posted online soon.

The following committees were reinstated with the members listed:

Hall Building Committee - Bruce G, Melinda, Jenny V, Mark B, Aigul, Jodi, Daniel J

French Creek Parking Committee - Lisa J, Sue K, Deb P, Pia, Cindy & Carmen

Ferry Committee - Shelley G, Tim P, Jana, Sue K, Andrew F, Peter J, Ezra

Climate Action Committee - Shoshanah, Marti W, Yves, Aigul, Peter J, Maritza

Reconciliation Committee - Aigul, Willy C, Susan M

Archives Committee - Marie-Ange, Sheila Ray, Andrew F, Lisa J.

Food Bank Committee - Marilyn D, Carly McD, Suzi R, Carson

Peter Lironi was re-appointed as our French Creek Harbour Authority Representative

Sheila Ray was re-appointed as our Community Cemetery Custodian

The following NEW committees were created:

Recreation Infrastructure - Laila F, Ian R: "to assist the pursuit of public recreation infrastructure."

Fall Fair - Andrew F, Jenny V, Hilary, Dana L, Jordan B: "to organize the Fall Fair with proceeds going to the LCA (net of expenditures and retention of a float for the next Fall Fair)"

Lasqueti Senior Support System - Camino, Shoshanah, Ezra: "To improve and add to existing senior supports, create new ones and explore future possibilities for residents to comfortable age in place on the island."

Forum Committee - Shoshanah, Aigul: "to host monthly community forums"

The OCP Vision Committee was revived by Marti W and Shoshanah to get a Vision statement to the Islands Trust in time to be included in the current OCP (Official Community Plan) revision. An initial draft was presented based on ideas collected from the Vision forum hosted by the OCP Review Committee several years ago and a couple of revisions were suggested. The updated version (see below), will be presented to the Islands Trust at the next LTC meeting July 15.

The following LCA executive was elected: Hilary (president), Lisa J (VP), Jenna (secretary), Pia (treasurer), Jenny V, Tim P (directors at large).

Contact these folks if you have questions or

want to get involved. Big thanks to everyone who volunteers to make our community awesome!

All committee members and hall renters must be paid up LCA members. Membership is \$10 per year and any Lasqueti resident or landowner is welcome to join. Donations to the LCA are also always welcome and appreciated! For e-transfers: lasquetilcatreasurer@gmail.com (or get in touch with Lisa J or Pia to pay by other means). To reach the LCA executive: lca@lasqueti.ca.

Vision Statement

(to Preface Lasqueti's Official Community Plan)

Lasqueti favours a rural/homesteading lifestyle, with a sense of place that arises from connection with both the wild landscape and the locally made cultural scene.

Lasquetians are independent people who have chosen this remote place to go 'slow' and live a low-impact life that respects the needs of other species within our shared ecosystem. We highly value the intact natural ecosystems of our island and the surrounding marine environment and put a focus on environmental stewardship and sustainability.

We value community engagement, trust, the giving of mutual support, volunteerism, and social fairness. We appreciate individual expression and eccentricity. We celebrate diversity, creativity, artistic expression, and out-of-the-box thinking. We honour our Island's thousands of years of human history.

We support our small-scale local economy that maintains a vibrant and viable year-round-community. We cherish our autonomy and self-reliance as well as the ability to create cooperative and made-for-Lasqueti solutions.

We work collaboratively to maintain and improve local systems to reduce dependence on outside resources and support year-round living including local food production and a variety of cottage industries. We find ways to reduce our environmental impacts and protect ecosystems that provide us with vital services like water, air and food as well as places of quiet beauty.

We work to maintain autonomy and self-governance in the political sphere and support community participation, community consultation, and community-driven solutions. We carefully evaluate growth/development - and change more generally - for compatibility with our community values.



From Tim Peterson: Greetings all. At the June Trust Council meeting, the Islands celebrated its 50th anniversary, complete with a message from Minister Kang, a group of protesters advocating for the preserve and protect mandate, and a song from Bill Henderson. We heard presentations from Ryan Greville of Transport Canada on the Wrecked and Abandoned Vessels program, and from MLA Adam Olsen (Saanich North and the Islands) on inclusive governance. Trustees sponsored resolutions on topics ranging from ex-official status on committees, governance structure, and Integrated Spatial Planning, to the Dark Sky Principles. Trust Council appointed my colleague Trustee Lironi to the Transport Canada General Vessels Technical Working Group by a unanimous vote. Congratulations Mikaila!

We have been informed that the Connected Coast fibre optic cable requires a rezoning, as our Land Use Bylaw does not permit utilities in the marine or foreshore areas. We anticipate an application from City West to permit this specific use soon, perhaps as soon as our July 15th meeting. Connected Coast has expressed the need for decisions to be made within the next couple of months. This timeline conflicts with the regular rezoning process, and staff have advised that expediting the application will require substantive reallocation of resources.

Please attend the meeting if you can, as an engaged community helps us make better decisions. And, as always, please contact your trustees with your questions, comments, or concerns. tpeterson@islandstrust.bc.ca 250-607-7094. To contact the whole committee and staff, email laltc@islandstrust.bc.ca

From Mikaila Lironi: Trust Council was held on Saltspring Island this quarter. The first day we were welcomed by a full house, a protest and several delegations. We had a presentation by Transport Canada regarding vessels of concern. The government is working on dealing with abandoned vessels, but it takes time and money. Ganges Harbour is obviously quite full of vessels, many in poor shape. Housing is a huge problem on Saltspring, so it's not a surprise that their hospital staff cannot find housing.

I was nominated and appointed to Transport Canada's General Vessels Technical Working

Group. During my term thus far, I have taken an interest in all things ocean, and have attended a variety of conferences on marine matters. We are an island after all, so it's important to keep abreast of what's going on in the greater scheme of things.

LIAS has been holding public information meetings regarding Connected Coast (fibre optic internet) coming to Lasqueti. They are trying to send a delegation to the next LTC meeting to explain what they're about. The Land Use Bylaw needs to be amended to permit utilities on land and in the marine foreshore. Connected Coast is proposing connecting Lasqueti Island to the new marine fibre optic cable network being laid throughout BC's marine environment.

<https://connectedcoast.ca/>

Hope to see you at the LTC July 15th at 11am at the JFC. As always, please email or call if you have any questions. MLironi@islandstrust.bc.ca or 250-812-2560



qathet
REGIONAL DISTRICT

Grants in Aid (Financial Assistance): Reformed Process

The qRD has long provided grant opportunities for societies and non-profit groups. Deciding how to allocate grant funds can be contentious. Many well-deserving groups usually apply, and fund levels set in the budget are limited and insufficient to support every application.

Choosing which applicants to support, and how much, can lead to political strife and confusion (plus many hours of debate). This was exacerbated by multiple grant funds ("General" paid by all qRD taxpayers, "Local" for each electoral area— with the Area E grants paid by Lasqueti taxpayers, "Social Planning" paid by the electoral areas but not the City of Powell River, and "Economic Development" paid by the electoral areas except Lasqueti).

To attempt to improve fairness and efficiency, several reforms that I proposed to restructure the process were adopted by the Board, including:

- Eliminating the Social Planning and Economic Development grants-in-aid (with funds shifted to General and Local grants-in-aid). This improved clarity and removed the sometimes-convoluted justifications used to support an application from

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a particular fund (when the underlying issue is more about how to appropriately fund projects at reasonable and equitable levels).

- Requesting financial staff for a summary report each year for grants funded over the past 10 years, with information on which areas paid and received benefits.
- Changing the concept of “regional benefit”. Previously, any application supported under General grants-in-aid (i.e. paid by everyone) had to have a regional benefit – which often translated to “benefit to most of the qRD, except Lasqueti and sometimes Texada and Savary”. It was difficult for projects from Lasqueti to meet this test, but Lasqueti taxpayers still contributed to the fund. The change means that projects funded by General grants-in-aid should collectively provide a regional benefit (assessed over time using the 10-year summary) and makes this source of funding more accessible to Lasqueti projects.
- One goal of these reforms was to improve the balance between maximizing benefit from the taxpayer funds allocated with equitable distribution across the region.
- The qRD used the new approach during the 1st grant intake for 2024, which resulted in a reasonable balance between the amount contributed and the benefits received by Lasqueti as well as for other areas.

Please feel free to contact me. I am honoured to be your regional representative.

Director Andrew Fall, qathet Regional District

Contact: Tel: 250-333-8595



Meet the Neighbours



Wayne Bright

Main Road across from Bonny’s old farm

“I want to give you a bit of context,” said Wayne, “just 100 years . . .”

In WWI, Wayne’s great grandfather was sent to protect the Port of Vancouver from the base in Esquimalt. He bought a copy of *Poor Man’s Rock* and sent it to his 16-year-old son back in Ontario.



This fictionalized account of a Lasqueti fisherman’s life described Squitty Bay and Sangster island perfectly. Wayne grew up

around the books in his granny’s house. He read *Poor Man’s Rock* and remembered it. He also went to Cub Scout jamborees with a fellow named Ross Thompson.

Fast forward to the 1980’s. Wayne was a tugboat captain in the Arctic and thinking about finding the best place in the world.

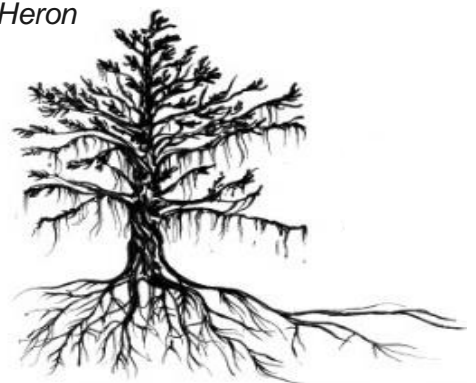
He *researched*. Hours of sunlight. First frost. Last frost. The Falklands War nixed those islands. Athens had too much pollution. Metchosin was too foggy. The Annapolis Valley had the same climate as Toronto. But Lasqueti Island was not too hot, not too cold. He stayed with a couple in Coombs, who said, “We know a guy on Lasqueti.” When they met, Wayne said, “We were cub scouts together!” So, Wayne stayed with Ross and started looking around.

While Wayne tugboated, Harvey Fink tended Wayne’s granny’s gardens, and Ingo - our own Ingo Dyrkton - renovated one room at a time. When Wayne found the best place on earth, they came.

No realtors, just word of mouth. “Angus’ ex is selling where Laila was . . .” (Annie and Ronaldo’s place), etc. As Wayne looked around, he realized it all looked familiar - as if he had read about it somewhere. He had, of course - it was *Poor Man’s Rock*. Gail Fleming, delivering the mail, mentioned that Peter Pearse was selling both sides of his field. Wayne and Harvey walked down the road. “I’ll buy this side, you buy that side.” “Deal,” Harvey said to Wayne

I didn’t ask Wayne what he would or would not change on Lasqueti, Instead, I learned about chromium blue leather, the shoes on the Titanic, the Acadian clearings, the invention of tailor-made cigarettes, and the front deck of Provisions, all of which tie into Wayne’s story. I also learned about a quarter of a million salmon per year, the proper slope of roof for a root cellar, how far a rain shadow stretches. Wayne’s World.

– Suzanne Heron





Gluten-free Pineapple Upside Down Cake of Love

- 1 TB Butter
- ½ Cup Brown Sugar
- 4 Pineapple Slices
- 4 Eggs (separated)
- ¾ Cup White Sugar
- Juice & Zest from ½ a lemon
- ¾ Cup Potato Starch
- 1 tsp Baking Powder
- Heat oven to 350° C



Melt butter and brown sugar in a 9-inch square baking pan.

Arrange pineapple over melted sugar.

Beat egg yolks until light and fluffy. Add white sugar, lemon juice, and zest. Beat until creamy.

In a clean bowl, beat egg whites until stiff but not dry. Fold egg whites into egg yolk mixture.

Combine the potato starch with the baking powder.

Mix flour mixture with egg mixture.

Pour batter over fruit and bake for 30 minutes.

– Mikyla Lironi

Welcome Mural Update

Work continues on the Welcome Mural installation on False Bay Dock. Local artists Julia Woldmo and Sophia Rosenberg continue to paint throughout the summer. Sam Cromarty will work on a wooden bench to replace the existing one on the dock, made from local materials. Carved elements of the installation will be created by Jesse Recalma. Jesse Recalma Xwulqsheynum is a Coast Salish artist, a member of Qualicum First Nation, and a member of the Xwe'etay/Lasqueti Archaeology Project. He learned art by watching and listening to the stories of his grandfather. While carving is one of his favourite mediums, he also devotes his time to painting, Indigenous languages, and digital design. His works can be viewed on his Instagram page @saatlamarts.

The imagery for the mural will be an artistic rendering of False Bay and surrounding areas informed by the archaeological and historical records. – Willy Clark, *Lasqueti Reconciliation Group* reconciliation-group@lists.sfu.ca



In a Time Magic by Arnold W. Porter

The story of the 1960s/70s social renaissance on Lasqueti Island is well known. Doug and Darzo's memoir, *Accidental Eden*, documents this carefree time of lifestyle experimentation with insight and humour.

Recently, the story has been fictionalized in Arnold (Arnie) Porter's novel *In a Time Magic*. (Porter's photo is on the cover of *Accidental Eden*).



It tells the story of a 23-year-old Ryan who headed to Lasqueti (renamed Vasquez) to escape the conformity and societal madness of the North American urban culture. He embarked on a hedonistic adventure of self-discovery that characterized the hopes and dreams of so many at that time. Porter managed to capture with an astounding immediacy and sharpness the lineaments of the island at that time.

Ryan's story begins in wintertime a'board the early ferry with its "...blisters of rust (that) oozed out from under its gummy green paint..." and its boarding passes that consisted of playing cards. On a trip to Victoria to visit an old pal, Ryan finds an intriguing young woman, Selene, camped out in his friend's house. She is wise in the ways of Tarot and Astrology and before too long, love blossoms in a gloriously crystalline winter landscape. Magic, indeed! In the next few months Ryan and Selene settle into Lasqueti and everything is intense and wonderful until it isn't. Before too long, a shadow is discernible behind the countercultural sunshine. Contentment becomes paired with a nagging irritation and jealousy; and self-doubt arises in the ethos of freedom and sexual exploration that the brave new world of Lasqueti promises. Like many at this time of life, Ryan is "going through changes", that can be truly painful. Things come to a head when he finds himself at a party where Selene is in the arms of another man.

"...the party was in one of those old log houses with plastic stapled over the empty window frames. Gusts of rain were spattering against the plastic which was flapping in the storm. People were

(cont'd next pg)

drinking and laughing and playing music by the light of smoking kerosene lamps. With no electricity we had returned to making our own music for better or worse. Trying to find some importance in our own little lives, which until now, had been overshadowed by the lives and music of the greatly talented who dominated the mass culture. I stood at the back of the dark room, was amazed at the tightness in my chest, the hair standing upon the back of my neck, the adrenaline and rage that were flowing in my body. I left and walked the anguish off in miles on the dark dirt roads.”

There is also joy and solace to be had in this demi paradise. There’s a wonderful chapter describing an acid-fueled excursion up Trematon in search of solitude that involves a beautifully mad encounter with a horse. As Ryan’s time on the island comes to a close, Porter’s identification with his character becomes more overt and he employs a contemporary time frame which catches us up on his characters’ lives in the wake of their brief seminal experience of those “magical” years on Vasquez. Ryan became a writer and Selene, an advisor to a West Coast Indigenous band. Theirs is a wisdom hard won. It’s a trip, man! -Brian Pitt

they come from our collective imagination rather than any laws of nature. Harari goes on to posit that our species capacity to believe in these “shared fictions” is an evolutionary super-power that explains our unique ability to cooperate at a global scale.

But AI’s novel ability to generate compelling stories at scale may be kryptonite to humanity’s collective action super-power. In part, the threat lies in communication channels flooded with AI-generated content, diluting the authenticity and resonance of humanity’s own creative output. But more disturbing is the potential that our predisposition to believe in fictions could be turned against us, disrupting the fabric that binds us together.

AI-generated content is already commonplace in social media feeds, digital marketing, and even on some news sites. And the amount of such “synthetic media” we see is set to explode. Even absent any intent, it will shape our beliefs and values, potentially redefining social and cultural norms. And it is already being weaponized to promote various ideologies, with misinformation packaged as compelling, tailored stories we are predisposed to believe.

How will we discern truth and meaning when fakes are indistinguishable from reality? Can we continue to prosper as a species without shared stories to bind us? What does it even mean to be human when truth, meaning, and knowledge are being defined by an alien intelligence?

Again, this is not a sinister plot, orchestrated to usher in a new world order. It is the collateral damage brought on by 2 converging belief systems: (i) “techno-optimism” – a belief that technological progress, on whole, is a net benefit; and (ii) “dataism” – a belief that knowledge, understanding, truth, and meaning can be derived from correlations if you just have enough data.

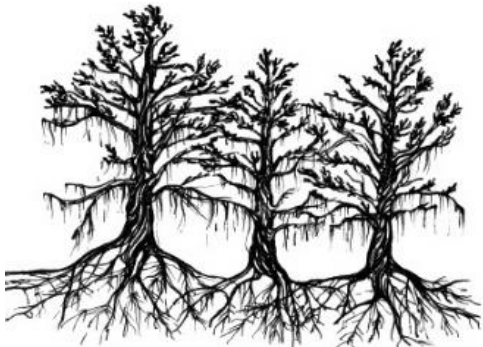
- Joseph Fall

AI is Coming for your Culture (Part II)



Last month I wrote about how AI can feed us custom tailored media that taps into our core motivators and biases, and thus shape our behaviours and perception of reality. This month we’ll look at the near future, where such AI could be deployed at scale to re-shape cultural norms and class structures.

Yuval Harari says, “*The story in which you believe shapes the society that you create.*” He means that human society and culture are driven by our ability to share belief in stories and act on them collectively. Money, nations, democracy, religion (not yours, of course), and progress are examples – these things guide our daily lives, yet



Community Bulletin Board

Lasqueti Yacht Club News

This last month was the start of the Yacht Club season. We had a successful book launch for our "Lasqueti Yacht Club Cookbook" on June 9th at the Teapot House. The event was well attended, and the book was well received. A few copies are still available for sale at Provisions.

John O'Conner did a dry land training session with a Laser at the school. We are hoping this can turn into a larger program in the future.

The rest of the season looks to be full and fun. To become a member, you can come to any event. You can e-transfer to sharon@thefudgery.com or pay cash or cheque to either Luise Zinsli or Sharon Chesham. Cost is \$30.00 per adult. Dependent children free.

Here are our planned events as of now:

July 20 – Spring Bay Water Sports and Beach event, starting at 1:30. This event has continued to be the most popular event as everyone can participate including families, non-members, and members.

August 6 – False Bay Dock Laser event, BBQ to follow at Provisions. Details/ times to follow.

August 27 - False Bay Dock Laser event, followed by an event at the Pub. Details/ times to follow.

September 7 – Commodore's Ball/Annual General Meeting. This is in the very early stages of planning and many more details will follow.

Raft Ups - Along with the Club activities listed above, Fleet Captain Peter Steenbergen will be organizing Water Raft Ups in various locations including a cruise around the island. All members are welcome to bring their own boats and for those without a boat, you can always catch a ride with another member. Some Raft Ups will be only for membership, and some will be open to non-members. We will advise which raft ups are membership only and open to non-members. Raft ups are often short notice as they are dependent on weather and member availability. Bring your favourite appetizer and refreshments.

Please visit our website at lasqueti.ca/lyc

- Richard Chesham, Vice Commodore

July Trash Barge

Wednesday July 10th, 10am until the barge is full. Call Waste Manager Mark with questions about what is acceptable trash: 250 240 9886

First Responders Dinners

Big thanks to everyone who has nourished us through the First Responder dinners! If you'd like to help feed us on practice night, please contact me at kaiabryce@gmail.com. We meet on the first Tuesday of each month, from 6:30 til late. Your gift could be part or all of a simple meal, or even chipping in for ingredient costs. (Note: We will always come to your aid regardless of whether you feed us tasty food!) – *Kaia Bryce*

The Lasqueti Internet Access Society (LIAS)

Annual general meeting (AGM) on July 21 at Provisions at 11am. Come on out and volunteer, run for the board, ponder the web!

Lasqueti Arts Festival July 5 and 6, 2024

Together, let's celebrate Lasqueti's many artists at the Community Hall!

Friday Night:

Writers Read: Doors open at 6 pm, readings begin at 7 pm sharp. Sweets and savouries, beverages and special coffees for sale. Admission by donation.

Saturday

Gates open at 2 pm. Admission: \$15/adult, kids under 16 Free. Music all day on the outdoor stage, locals and special guests including headliners The Real Ponchos with Aiden Ayers followed by DJ Promix until midnight.

Art displays inside the Hall, with sales from 2 - 6 (all sales must go through the Arts Council)

Sweet and savoury daytime food by multiple vendors. Dinner is local sheep chili, cornbread and salad (vegetarian options too). Cider, beer and beverages at the bar.

Face painting by Sophia! Still Life Drawing contest! Puppet Shows! Communal Art projects! Word Games! Sewing Challenge and Fashion Show!

To volunteer or for more info: arts@lasqueti.ca

Lasqueti Day Parade & Silly Boat Race

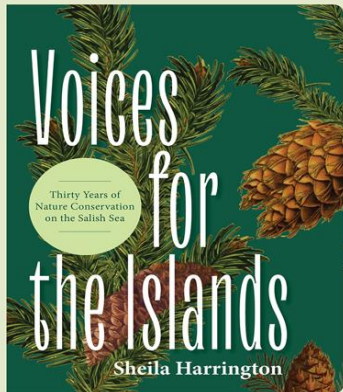
It's never too early to start working on your parade float or silly boat! This year's event will be Saturday, August 31st. For more information, text or call Tim 250-607-7094

Our Week in Review

	Sun	Mon	Tues	Wed	Thu	Fri	Sat
Black Sheep Gas		2 - 6			2 - 6	2 - 6	
Feed Store		11 - 3			11 - 3		
Ferry – leaves FB	1, 4	8, 11, 4		8, 11, 4	8, 11, 4	8, 11, 4	8, 11, 4
Ferry – leaves FC	2:30, 5:30	9:30, 2:30, 5:30		9:30, 2:30, 5:30	9:30, 2:30, 5:30	9:30, 2:30, 5:30	9:30, 2:30, 5:30
Free Store		10 - 5			10 - 5		
Life Drawing			7 - 9				
Lifetimez Nursery		10 - 4				10 - 4	
Market							10 - 1
Nurse					11 - 3		
Post Office		10 - 4		10 - 4		10 - 4	
Propane filled						1 - 3	
Provisions	11 - 4	9 - 5	9 - 5	10 - 5	9 - 5	9 - 5	9 - 5
Pub	1pm–1am	3 – 11	3 – 11	3 - 11	1pm–1am	1pm–1am	1pm–1am
Recycling		10 - 5			10 - 5		
Restaurant						3 - 8	
Taco Tuesday			3 - 6				
Ultimate Frisbee	4:30			4:30			

Book Launch

JULY 21 | LASQUETI ISLAND, BC



Sunday, July 21 | 4-5 pm | Judith Fisher Centre
| Lasqueti Island, BC

BOOKS FOR SALE | EVERYONE WELCOME



heritagehouse.ca



Rockshow! XVII

Saturday, July 20th at the hall. Come on down and hear the sounds as a variety of performers bring you music from near and far. Doors open at 3pm. Food and beverages available. \$25. Kids under 12 free. Seniors and family rates available. To volunteer or find out more, text or call

Tim 250-607-7094

Monthly Community Calendar

- July 5, 6: Arts Fest
 - July 10: Trash Barge Day
 - July 20: Spring Bay water sports and beach event. 1:30
 - July 20: Rock Show, 3pm. Community Hall.
 - July 21: Sheila Harrington reads from her book, *Voices for the Islands*, JFC, 4-5 pm
 - July 21: LIAS AGM, Provisions, 11am
 - Aug 3: Firefighters Picnic
 - Aug 6: False Bay dock Laser event
 - Aug 27: False Bay dock Laser event
 - Aug 31: Lasqueti Day and Boat Race
 - Sept 7: Commodore's Ball/AGM Lasqueti Yacht Club.
- ***Nurse's clinic every Thursday, 11 – 3:30***



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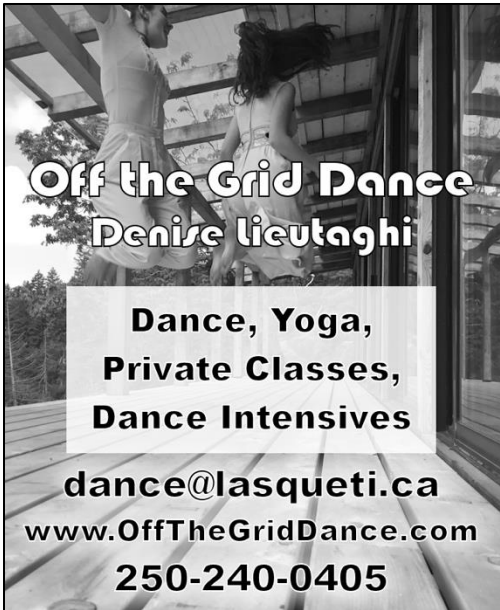
**Contact
Carmen!**

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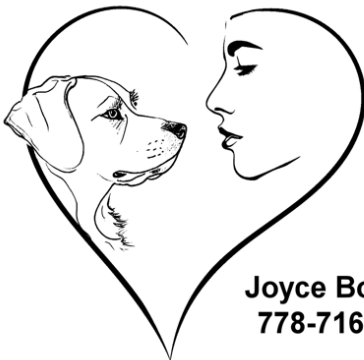
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