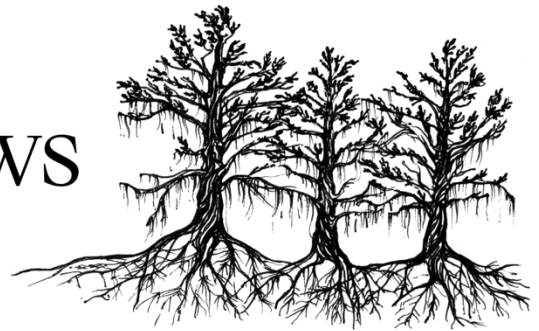


Xwe'etay News



Issue 19

August 2025

A Note from your Editors

What does it mean to be a “community newsletter”? This online definition fits with our thinking: “A communication channel to inform residents about local events, initiatives, and issues, fostering a sense of community and connection.” We’re proud to be a forum that encompasses some of the many voices of our island community, and we’ve heard from our regular contributors that they feel the same. We also feel good about the fact that these pages will end up in the Lasqueti archives – so future folks can get glimpses into our island culture (including our garden splendour). Thank you to all who contribute to this publication, in the form of ideas, words, funds, and advertising.

The photo theme for September is: **“Fishing!”**. But feel free to contribute any Lasqueti-esque photo (with a caption) to share.

To contact us and for submissions or donations: xweetaynews@lasqueti.ca; for on-line, colour versions: www.lasqueti.ca/xweetay-news
- The Yew Collective



Birds on Lasqueti

Summer Birds on Lasqueti

August is a quieter month than June and July, when adult birds were establishing territories with song. If you see flocks of several identical birds moving around together and soft-chirping, you are likely seeing and hearing the fledglings from this year's nests, able to fly only short distances and without the elaborate songs yet of their parents.

Late summer this year seems to be particularly abundant in American Goldfinches, small bright yellow birds with a soft distinctive tsee-WEE song. The male Rufous Hummingbirds migrated to Mexico and southern Arizona in June. The hummingbirds you see now are the female Rufous and the resident Anna's, which are larger and with longer beaks.

We are still hearing the occasional Common Nighthawk in the early evening high in the sky, a short raspy call. They are one of the longest-distance migrators among North American birds, breeding from northern Canada to Florida and wintering as far south as southern South America. I hear their sky-high song with respect!

Some spots around the Victoria area are especially good for seeing large flocks of vultures, hawks, and other raptors heading south. As the climate changes, more Turkey Vultures are hanging around all winter in Victoria. Migration also occurs more locally as Bald Eagles move down from the north of the province when salmon runs start in southern BC.

-Sue Wheeler



Judy and Michael's splendiferous garden (photo: John Martin)

*We acknowledge and honour the Indigenous Peoples
who, for generations, have made Xwe'etay/Lasqueti their home.*



Kitchen Creations Blueberry Season Is Back!



It's officially *that* time of year — when Cindy and her family roll into the Saturday Market with crates of fresh blueberries from the Douglas Farm! Word to the wise: get there early - supplies vanish fast! If you manage to grab a basket before they sell out and are wondering what to make, look no further. This sweet, creamy, berry-packed favourite comes straight from the *Cooking and Community on Lasqueti Island* cookbook - and it never disappoints.

No cookbook yet? Word is there are still a few copies left at the Last Resort Society tent at the market. It's packed with seasonal recipes from your Lasqueti neighbours - perfect for celebrating what's growing around us all year long.

Douglas Farm Blueberry Dessert

(by Cindy Craven)

Crust:

1 cup butter
½ cup icing sugar
2 cups flour

Blend together and press into a 9x13" pan. Bake at 350°F until golden (about 10 minutes—keep watch!).

Creamy Middle:

1-1½ cups cream cheese (yogurt or sour cream can replace half)

Maple syrup, to taste

Mix until smooth and sweet, then spread over the cooled crust.

Blueberry Topping:

4 cups blueberries (divided)

½ cup water

2 Tbsp cornstarch

¼ cup sugar

Cook 2 cups of berries with water, cornstarch, and sugar over medium heat until thickened. Fold in the remaining 2 cups. Pour over the cream cheese layer and chill thoroughly. Happy Baking! — Karen Gates



Blueberries at Heron Bay Farm



Social Media and the Algorithmic Feed



Social media apps like Facebook, YouTube, and X (aka Twitter) use “AI” algorithms to determine what you see and who you interact with. These algorithmic feeds are like ultra-processed foods for your brain — engineered to exploit unconscious impulses and trigger an addiction-like response. They mimic something real and nourishing, like meaningful social interaction, while actually delivering only short-term dopamine hits and empty calories.

Classic dystopian authors eerily foresaw this future long before social media apps. In *Brave New World*, Huxley described a society pacified by “endless entertainment”. Today, algorithmic feeds exploit our dopamine reward systems to keep us scrolling with content that entertains, outrages, or soothes. And today's platforms don't merely reflect popular culture — they manufacture it, promoting content that reinforces echo chambers and distorts our perception of social consensus. As in Orwell's *1984*, where those in power control truth, today those who control the algorithm control the narrative.

Our social feeds flood us with shallow content, memes, drama, and outrage, drowning out critical thought and reflection. As in *Fahrenheit 451*, truth and connection are obscured by distraction. And each feed creates a personalized version of reality, presented by an algorithm engineered to prioritize “engagement” over truth, meaning, and human connection. And so, like characters in a Philip K. Dick novel, we increasingly inhabit fractured realities.

One of humanity's superpowers is our ability to believe in shared fictions — stories that have allowed us to cooperate at scale. But when each of us lives in a different fiction, when we are engaged with a simulacrum of social interactions rather than the real thing, when our connections with truth and nature are replaced by dependence on an algorithm, what becomes of our collective story?

A growing body of research shows that social media use — especially passive consumption of algorithmically selected content — is linked to increased anxiety, depression, and self-harm in adolescents. The feeds are designed to hijack attention, promote impulsivity, and fragment

sustained focus. Their goal of maximizing “engagement” often amplifies outrage, division, and misinformation.

Still, these apps are hard to quit. They're engineered to lock us in and to offer just enough value to keep us hooked. It will take collective awareness — and possibly regulation — to reclaim our minds from the feed. We'd best act before we “amuse ourselves to death”. —Joseph Fall



Lakota and Deagan tackling a yummy waffle at the Saturday market



On Wednesday, July 9th, LINC accompanied two BC Parks Rangers and the BC Parks Conservation Specialist for Northern Vancouver Island, on a hike to Point Young Conservation Area to check on an ongoing monitoring program for sharp-tailed snakes. The sharp-tailed snake (*Contia tenuis*) ranges from California to British Columbia, where it appears to occur only on southern Vancouver Island, the southern Gulf Islands, and Pemberton - and is listed as endangered.

The sharp-tailed snake is named for the spine protruding from its tail (the tip of the last vertebra) which apparently is used to manipulate prey

such as its favorite prey - slugs - in effect a claw in a legless animal! Because sharp-tailed snakes are rarely seen on the surface, spending almost all their time under rocks and logs and in burrows, their populations are monitored by the use of artificial covers placed in desirable snake habitat. Recent studies on Saltspring and the Pender Islands found that covers made of black asphalt roofing were more attractive than tin roofing or plywood, presumably because they provided greater warmth.

On the Point Young outing, LINC and BC Parks personnel checked asphalt artificial covers that had been placed by Laura Matthias in June 2024 on south-facing rocky slopes at Tahini Cove and several wooded areas, but no snakes were observed. The covers will be monitored again in the fall, a time when the Saltspring/Pender studies indicated the snakes are more likely to be found.

On Sunday, August 24th, LINC will be hosting a summer celebration hike. All interested are asked to meet at the Salish View trailhead at 10 AM, at which time several hike options will be discussed. Likely possibilities would be a hike to Point Young where the sharp-tailed snake monitoring stations could be seen, or a more challenging hike to Mystic Ridge. LINC will provide watermelon and sandwich lunches to the first 30 people who RSVP before August 10 to LINC@lasqueti.ca confirming their attendance.

Looking further ahead to the fall, LINC will be seeking volunteers to help complete the flagged trail at Johnny Osland Nature Reserve and also to assist with wire mesh wrapping of the cedar trees near the beaver dam. Details about this opportunity to discover the area will be available closer to the date. — Norm Stacey



Tony Iwane


~~~~~ Ebbs and Flows ~~~~~  
Sangster on my Bucket List



Laurie Mason



Brennan Fricker

It was only ninety-five years ago in 1930 that the young people of Lasqueti took their row boats and little powered craft and set out for a picnic on Sangster Island. It was May the 24<sup>th</sup>, a holiday and the height of wildflower season. There was Georgie and Fred and Erma and Elda and Laurie and Dave and Beatrice and many other young people who had formed the Good Fellowship Club and were having a picnic that day. A picnic was an event to dress up for and the young men wore white shirts and ties. The young ladies were in skirts and white stockings but that would not prevent them from exploring all over the Island and picking wildflowers and taking pictures. They packed their lunches of sandwiches and cake. Some took a bottle of milk or water. There was always someone with a camera. What a happy crowd they were as they arrived on the beach of Sangster Island! They pulled their boats up on the beach or anchored them according to the tide.

Now, it was 2025 and an idea was hatched. Some old pictures and diaries were studied. Can we go back? Can we sit on the same rocks that our parents sat on? Can we roam over the Island like they did? The only problem was that we are in our sixties, seventies and eighties and can't jump from rock to rock any more. But the planning went on. How could we safely get to Sangster and onto the beach? Kathy had a wonderful idea – we could hire Brennan and his landing barge, and we could just walk off the front onto the beach. So here we were, all eleven of us heading for the island. We waited and ate our picnic on the barge until the tide was just right to get off. We had our cameras as we walked up the beach to sit on a log or roam around as we wished. For myself I just found a shady spot and sat and thought back to a time when young people planned picnics. I studied the rock formations and took pictures of the beautiful view.

So, the day came to a pleasant end as we loaded up the landing barge and headed back to Lasqueti Island with lots of pictures to treasure and new memories of our own. - *Stephanie Mason Williams*



Karen Gates





## How the Islands Trust Works

“Let’s come up with a plan for what we want and don’t want when it comes to land development on Lasqueti Island”!



After months of discussions and engagement, the community created the Official Community Plan (OCP).

Land Use Bylaw (LUB): The Islands Trust created the Land Use Bylaw which reflects the rules that the community came up with when creating the OCP for Lasqueti, and what would be permitted with regards to land use and land use planning.

Local Trust Committee (LTC): Two elected folks whose job it is to enforce the LUBs that were created by the community in the OCP.

Trustee Qualifications: Trustees are elected by the community. The only qualification that trustees have is that they are well liked by their community and thought to be able to do a good job representing the interests of the community and upholding the LUB and OCP.

Staff: Highly educated, qualified employees who have degrees and a wealth of experience in rural planning, community development and the local government act. They make sure that trustees are following the proper procedures and processes in relation to LUBs, and land use planning

### Steps of Bylaw Enforcement

Infraction is reported by a resident.

Bylaw Officer investigates

The Bylaw Officer works with the land owner to bring infraction into compliance.

a) infraction is resolved

b) legal action is pursued

**\*\*the identity of the complainant is only known to the bylaw officer\*\***

**\*\*Trustees do not seek out nor report bylaw infractions\*\***

The next LTC meeting is October 6th, 2025, 11am. If you have any questions about bylaws or anything else trust related, don't hesitate to reach out to Tim or me. - **Mikaila Lironi**

**From Tim Peterson:** Greetings all,

At our July 14 meeting, and in subsequent posts on the email list and local social media, there have been a number of questions about the role and responsibilities of the Chair of the Local Trust Committee.

Under the Provincial *Islands Trust Act*, section 23(3), it states: “For each local trust committee, the chair of the trust council must appoint, as a member of the local trust committee, a member of the executive committee who is not a local trustee for that local trust area.” In short, Provincial legislation stipulates that the Chair of a Local Trust Committee cannot be a local trustee. While this may strike many as odd, or even unfair, the reality is that Provincial legislation makes it so, and it has for decades. Last term, and again this term, Trust Council voted to request that the Minister conduct a review of the *Islands Trust Act*, and such a review has been declined both times. While there is a new person in the role, following the cabinet shuffle in July, I very much doubt that the new Minister will agree to such a review anytime soon.

Trust Council Policy: 4.1.1: “Local Trust Committee Chair Guidelines” and Trust Council Policy: 4.1.2: “Local Trust Committee Meeting Guidelines” provide policy on the Chair’s role and responsibilities in our meetings. All of the above can be viewed on the Islands Trust website, but I will send links or PDFs for anyone who would like them. Email me at [tpeterson@islandstrust.bc.ca](mailto:tpeterson@islandstrust.bc.ca) and I’ll send them your way.



## Lavender

lavender, soft and silky,  
feels like cotton candy the size of a cloud.  
Lavender smells like love,  
fresh apple pie, and the smell of hope.  
Lavender taste like smooth almond milk,  
and fresh figs.  
Lavender sounds like taylor swift,  
lavender haze.  
Lavender looks like bluebells,  
honeysuckles and tulips.



Serafina  
grade 4

## Blue

Blue looks like the silky sky

Blue sounds like waves crashing on the shore

Blue tastes like the salt in the sea

Blue smells like a salmon that just got reeled  
into my dad's boat

Blue feels like a soft, blue blanket

Evan  
8@9 3/2

## Orange

Orange is a colour that you can eat  
It's shape never ends because the circle never ended  
An orange is like earth  
A tree  
What is at the top for someone to come home  
That someone is Winnie the pooh  
Hey this might be a little coo coo but hey  
I am the author of this thing  
So I can bring anything  
And that's that!

By Sterling Moen

age 8

## Purple

Purple feels like a puffy rug

Soft and warm

Purple looks like a grape the size of a mango

It looks like a big, soft purple cushion

Purple sounds like the leaves rustling in the wind in the mornin

Purple tastes like fresh blackberries and grapes in a smoothie.



Sophia  
kindergarten



## Wisdom from Xwe'etay Gardeners

### "Garden Splendour"



Sometimes our gardens are more like “works in progress” than displays of splendour. For instance, this photo shows the current white plastic garden aesthetic in my garden: Proteknet over carrots and just transplanted winter cauliflower in the foreground and a tall wide one over pole beans and snow peas behind. Birds, mainly white-crowned sparrows, are perching and leaning over and pecking the pea pods open to eat the seeds inside. They’re nibbling holes in the bean leaves, not the beans themselves, but that’s only because the beans are about 1mm wide and very short — visible only to the eager gardener who searches for them daily. The birds even ate almost all the drying-up peas I was leaving on a section of the early edible-pods for seed. I didn’t notice until I went to harvest the seed and to pull down the dry yellow vines the other day — I got five pods, each with only a few peas left!



This is my strawberry bed, where I’m trying a technique suggested by Charles Dowding, one of my primary gardening gurus whose emails/blog I get regularly. He says when the berries are done, to trim the leaves back to the crown and cover the patch with compost. Healthy new growth and some runners will come up soon. I’m trying this on a section that held both newer and older plants, leaving the rest to be treated as I usually do (i.e., do nothing till Fall, then cut off dead stuff and sort out runners, and probably dress with compost).

— Sue Wheeler



### Tidings

Today, amongst the purple foxglove spikes  
I tried to read the graffiti scribbled on  
the paper white of a swallowtail’s wings.

I hoped they might be words of love  
and not scrawls of hate, of ugly things.  
Found instead the expiration dates of certain Gods!

The fine print of these old Gods whose stale truths  
taste of mould, not hope, winter, not spring,  
providing little food for this hungry soul.

Gods who had faded and fallen -allowing the dead  
children to rot in ragged piles,  
deep beneath broken Gaza City walls.

The butterfly with grim report took leave,  
lifting off my flowerless sleeve...  
Perhaps to flit the sad, bad news further afield...  
Later, looking up at the mackerel sky,  
change in weather, change in mood,  
I let those dark tidings go.

I could wait for autumn, sure to be better  
news then,  
written amongst latticed ribs and veins in a  
wrinkled warp and weave  
on the yellow withered sides of fallen big leaf  
maple leaves. - Dolf Schoenmakers



## Waste Case Scenario Batteries



As technology increases its presence in our daily lives, so does our reliance on batteries. Batteries power our cell phones, laptops, cordless tools, digital cameras, watches, hearing aids, flashlights, smoke detectors, and toys. Batteries, batteries everywhere and what to do with them after they die? Fortunately, the infrastructure to handle them is readily available. In BC (and most other Canadian provinces) all consumer single-use or rechargeable batteries weighing less than 5 kg can be recycled at no cost. Also, batteries for e-bikes and e-scooters are now included in the program (but drop off points are different).

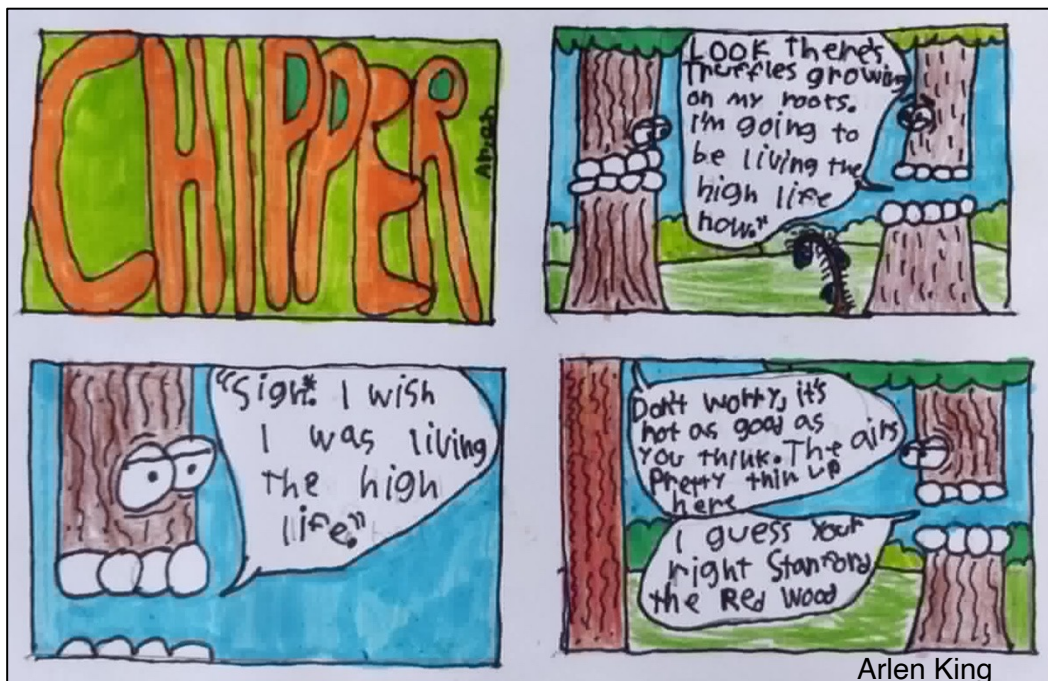
Call2Recycle ([call2recycle.ca](http://call2recycle.ca)) is a not-for-profit organization funded by the battery and portable electronics industry. Battery producers are obligated to consider the entire life cycle of their products from development through manufacture and disposal to ensure the environment is protected from harm. Under the Call2Recycle umbrella, a program called *Recycle Your Batteries, Canada!* facilitates collection and recycling of household batteries. According to [recycleyourbatteries.com](http://recycleyourbatteries.com), in 2024 over 6.8 million kg of batteries were collected. That's great and an increase of 17% from 2023 but it could be better. Lots of batteries still end up in landfills and the valuable metals in them are lost. When recycled, the component parts are sold on the open market for manufacturing new products like new batteries, cement additives, and goods made of stainless steel.

The BC government created legislation that requires batteries to be responsibly recycled at end-of-life because they're considered hazardous. If thrown in the trash or your recycling bin, batteries can get damaged which could lead to fires in collection vehicles and at waste processing facilities.

Some general rules for dealing with household batteries:

- Never store new and used batteries together.
- Store them in a cool dry place (they can overheat if left outdoors).
- Keep them out of reach of children.
- Protect the terminals when storing used batteries for recycling. Lithium, Coin Button Cells, Small Sealed Lead Acid (SSLA), and alkaline batteries (12V and higher) should be individually bagged or have their terminals covered using electrical tape, duct tape, or packing tape. This will avoid sparking when in contact with other debris. Be careful not to cover the brand name or chemistry on the label.
- Ideally drop them off every three months to avoid corrosion.

Off of Lasqueti, batteries are accepted at Canadian Tire, Pharmasave, Save On Foods, Parksville Home Hardware, and Parksville Bottle and Recycling Center. - JennyV







## Meet the Neighbours



Pria Kochhar, Lennie Road

Pria's first ride in a Laser changed the arc of her life.

She thought Kinesiology was her future. But on that Laser sail, she fell in love with being on the water. A friend on the little ferries in False Creek said, "It's a great job," so Pria applied. "I had no experience, but I got my courses and started driving the boats. I met people and hopped on any boat I could." She volunteered with Royal Canadian Marine Search And Rescue and took course after course. A position with Blue Water Adventures got her sailing to Haida Gwaii for weeks at a time.

A friend said, "There's a boat for sale that would really suit you." Pria fell in love with the beautiful old folkboat. It had good bones and needed fixing. To learn what to do, she enrolled in a marine service tech apprenticeship. That enabled her to maintain Blue Water Adventure boats. On the docks, she witnessed two men having a huge fight. Another guy came over to apologize for them: a Lasqueti fellow.

Visiting Lasqueti satisfied an old curiosity. "My grandparents' home, on a clifftop in Qualicum Bay, looks at Lasqueti. I wondered about it, but it seemed like a place that you need a human connection to." Now she had one.

Then: baby Arna (Sanskrit for 'wave')! During her maternity leave from Blue Water Adventures, she's fixing up her tiny home. "Boats are off-grid; I learned a lot that I can apply here." She has a partner in parenting, and a vision of her home situated so that little Arna - it also seemed so right to honour our iconic Arne - can walk back and forth to either parent.

Pria also realized, "I don't want to work maintenance on boats, so I'm upgrading my marine tickets to work on the water." Future Mate on the *Centurion 7*?

What do you love about Lasqueti? "The people, the gardens. I find comfort in being surrounded by water. The inaccessibility is a very special thing. It makes you think more. You have to be a very good planner, be efficient. And you're never bored. You can be busy all year. You can be as social as you want, as hermit-y as you want. It's all welcome. And I like the responsibility for oneself, taking care of all your own needs."

What would you change? "The price of land!"  
— Suzanne Heron



### Nurse's Notes

Last month I briefly discussed Erikson's stages of change. In fact, change is truly ubiquitous. It is everywhere, in every facet of nature. How does this relate to human health? It is not hard to see and feel how changes in the world around us can affect our physical and mental wellbeing. The more dramatic the change, the greater the effect might be. Fostering resilience yet adapting to change remains a key to creating the momentum that brings about positive growth. Many true sailors seem to have this running through their veins as the quote from Jimmy Dean seems quite apropos, "You can't direct the wind, but you can adjust your sails". - ♥dianne

\*\*\*Nurse in clinic: Thurs, Aug 7, 21, Sept. 4  
11 – 3pm\*\*\*





**Nnedi Okorafor. *Death of the Author* (William Morrow, 2025)**

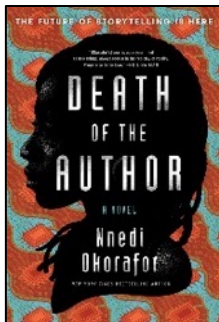
The book starts off as a somewhat sentimental family saga, with complicated interpersonal dynamics. The diction is simple, almost trite in the style of a melodrama. Had it not been for a glowing review, I might not have persisted.

Zelu is a Nigerian American aspiring author and academic and paraplegic. In a large protective family of overachievers, she struggles to establish her own identity. At her sister's exotic destination wedding, Zelu gets a double whammy of bad news. She has been fired from her university teaching job, and her debut novel has been rejected one more time. Fueled by despair and copious amounts of pot, she deviates from her previous genre writing to science fiction. To her (and everyone's) astonishment, her new work, *Rusted Robots*, becomes an overnight sensation, with options for film rights. She becomes rich and famous beyond her wildest dreams, and her life will never be the same.

*Rusted Robots* is set in a time when humanity has been wiped out, and two warring automation factions battle for dominance: human-like robots and hivemind AIs which lack a corporeal form. Ankara is the robot protagonist, a lover of storytelling with great affection for the humans who created her. When she learns of a deadly threat to the planet's existence, she embarks on a journey to save the Earth. Ultimately, survival will depend on finding a harmonic balance between cold algorithmic logic and compassionate human cooperation.

A "book within a book", *Death of the Author* alternates between reality and the fictional world Zelu has created. Zelu is not the most congenial person, impulsive and given to dropping F-bombs. Her literary and financial success leads to a life changing opportunity which may or may not be for the better. Combining insights into Nigerian cultural traditions, the challenges of living with a disability, and the dual sided nature of fame, it is a satisfying and enjoyable summer read. Take a break from the turmoil.

- Sue Ashcroft



I was working in my studio when one of my young studio mates wandered past. She stopped, looked at the piece on my easel and said, "what is it with middle-aged, white women and blobs?" I looked up and realized that there were three abstract blobs on the large canvas in front of me. They were placed in proximity to one another, creating intimate negative space, and built up from thin layers of oil paint.

This studio mate also painted large, abstract paintings. Her work was beautiful and confident, ephemeral in places, energetic in others, loop upon loop emerging from a shrouded background. I have heard it said that every piece of artwork we make is a self-portrait. If this is the case, her work accurately reflected a person in their mid-twenties who brought focus and energy to her endeavours, and who was not always transparent about her process. So, let's reframe her question. Let's ask what blobs say about middle-aged women.

As many perimenopausal and menopausal people navigate their experience of declining social relevance, not to mention their shifting hormonal configuration, life can feel amorphous and ungrounded. For those who are parents, the potent experience of moving out of a caretaker role, and the feelings of loss and grief that accompany it, can upturn a person's sense of self. Even those without human offspring watch their bodies shift in size, strength, and stamina.

Countless friends have lamented their softening breasts, bellies, and thighs all resisting the firmness that was so much easier to maintain when they were even a few years younger. More than one friend has referred to their body as blob-like, unable to hide the despair in their voice. We could chalk up the proliferation of blob creativity as art therapy to process the trauma of everything that comes with middle age in a biologically female body.

But what about this? What if we imagine this amorphous shape as an amoeba of potential? What if this body, having shed societal expectations, is a cell brimming with energy to direct towards a different kind of relationality? What if it is an atom ready to split, able to transform the world? And if we think about the three blobs on my canvas, what if they represent the intimacy, reflection, and space we create when we stop giving a fuck about the gaze of the other? Just a thought. — Jen Brant



## Arts Fest 2025 Appreciation

Things really came together this year and we wanted to thank all the people who stepped up and helped make it happen! A big thank you to: Jenny V for organizing the Readers Night. It rocked! Thanks are due to Annette Reynolds for organizing all the artists and boards and overseeing the art hanging; and to Jessica Hepper for organizing the art table volunteers. A huge applause to Robin Jacobs for organizing the set of lovely music, talking to all the musicians, and then being our fabulous MC for the day; to Joseph Fall for sound guy extraordinaire and Otis R. for back up; to Daniela Gomez for overseeing the kids' area and gate volunteers, making a wonderful poster and sending out the beautiful flyer; to Arlen for his amazing Facebook poster; to Anna Dodds for taking on the kitchen at the Readers' Night and picking up the wine; to Marti Wendt for organizing the baked goodies (she outdid herself again!); to Shen and Alison for organizing the tarps which was our first big set-up of the event; to David Eugster for being in charge of setting up the art panels, moving them back Friday night, out again Saturday morning, and then finally putting them away Sunday; to Cindy Craven for your kindness in organizing the bar, setting it up and spending a whole day picking up the drinks and ice; to Lori Garson for your support in organizing the bar volunteers to help serve; to Bill Forbes for getting a heavy fish tote of ice here from French Creek so we could have nice cold drinks; to Ezra A for overseeing the quiet art viewing; Peter and Suzi for making the delicious falafels and salad for the dinner and their amazing support throughout; to Lisa and Sailor for the generous donation of very delicious local lamb; to Pia Lironi for helping me take on the dinner, setting up the tickets and organizing an amazing team to serve the dinner quickly and on time! Thank you to all our dish washers! I'm sure glad I didn't have to tackle ALL those dishes at the end of the day! Thank you to Aigul, Richard S. and Camino for helping me cook 250 lbs of potatoes and 300 cobs of corn on the day of and running out four whole lambs worth of previously made into burgers and 60 sausages to the serving area. Also thanks to Aigul, Judy P., Trudi S. and Emma for refreshments for the volunteers, and Ivy for acquiring the liquor license. Thank you, Sophia, for all the magical face painting! Always a huge hit with the kids. David and Link decorated the Hall. What a fantastic transformation! Thanks to the Dang Package for travelling all the way from Victoria to our fair isle and rocking the stage; and to Beatfarmer for providing the late-night grooves that could have gone on all night. Thank you to all the musicians who played on stage and inside the Hall, the artists who displayed their artwork, and all the writers who shared their stories. The volunteers at the Gate, Art Table and helpers-out in multiple areas made things run smoothly. So rewarding to see everyone come and have a good time! We counted 360 attendees at the gate. Thank you for all the wonderful help by many hands-on Sunday for clean up!!! Thank you to Shari for her Hall care and support! When we took on organizing Arts Fest after it was cancelled, we weren't sure how we were going to pull it off, but decided whatever happened it would be better than nothing. It definitely was a big learning curve and responsibility, but it also ended up being a very rewarding experience. It felt good to give back to our Community. Arts Fest is already booked for July 3rd & 4th 2026. Proceeds after expenses and float for Arts Fest 2026 will go towards much-needed improvements to our wonderful Community Hall.

- Your Arts Fest duo-Pachiel and Tikki







# New Old Time Chautauqua





# Arts Fest 2025



Barry Churchill



Barry Churchill



Gord Ohm

David Robinson and Link Leisure – the artists behind the beautiful backdrop of the Arts Fest.



Jennie and Noel Taylor



John Martin

Sofia Seaman and Cora Terrell-McDougall



John Martin

Sophia Rosenberg doing her face paint magic on Rune Taiga Rosehart, with Zéphyr Normandin looking on.



John Martin

Rainbow Fun



Dana Lepofsky

The Women's Choir





### Grants-in-aid Second Intake: Deadline Aug 31

The second intake for qRD grants-in-aid is Aug 31. The form can be found on the qRD website:

<https://www.qathet.ca/wp-content/uploads/2025/02/3.11-Grant-in-Aid-Policy.pdf>

### EV Chargers at Shelter Point and Klah Ah Men Lund Gazebo Regional Parks

Aviva Canada will install and cover costs of EV Chargers at Shelter Point Regional Park (Texada) and Klah Ah Men Lund Gazebo Regional Park (Lund). This is being done through the *Charged for Change* program, a partnership between Aviva Canada and Earth Day Canada. Surplus revenue generated from the EV charging stations will go into the Regional Parks operating budget.

[https://www.qathet.ca/current\\_project/evchargers/](https://www.qathet.ca/current_project/evchargers/)

The qRD Board has been advocating for EV chargers in rural areas, which may not be as fast as might be possible in urban areas, but would still be useful.

### Regional Fire Department Quarterly reports

The Board appreciated the reports and discussion by the four regional fire chiefs at the July Committee of the Whole regarding issues, advancements and challenges with the Lasqueti Island, Savary Island, Malaspina and Northside Volunteer Fire Departments. I really appreciated the direct contact, and want to express thanks to Fire Chief Richard for taking time on a workday to join and discuss LIVFD.

### qRD On the Road

Each year the qRD holds a Board meeting in one of the electoral areas. Two years ago it was on Lasqueti, and last year it was on Texada. This year, the Aug meeting will be held in Area B (south-east of Powell River) at the Myrtle Point Golf Course. Feel free to drop in if you are around.

Please feel free to contact me. I am honoured to be your regional representative. Director Andrew Fall, qathet Regional District. 250-333-8595



Anna Dodds



Karen Gates





Cocktail Cove, the northern most section of False Bay, offering safe moorage and a grand view of the mountain range of Vancouver Island. It is here that 1000's of years of human habitation is most felt. – Ronaldo Norden.

## Mary McRae's Celebration of Life

Dear Community,

What an eclectic, vibrant and brilliant family this island is!

We invite you all to come honour Mary McRae's passing (last spring) on **Saturday, August 23<sup>rd</sup>**.

There will be a service at the Cemetery at 2 pm after which we will gather at the Community Hall from 4 pm into the evening for remembrances, food, drinks and music.

Preparations begin Friday, Aug. 22nd at the Hall. For contributions to the potluck or to participate in the kitchen please contact Emily. If you would like to play music or help set up, please get in touch with Ian Rusconi.

For other prep on Friday or Saturday or to volunteer to help clean up on Sunday, please contact Camino or Dorothy in person. More details to come prior to the day.

Flower arrangements of all kinds are encouraged and welcomed.

Please come prepared to have fun! Dress in your most colourful and outlandish outfits.

We had promised and planned a 75th birthday party for Mary this year and so revel in keeping our promises. She would love to watch you laugh, cry, play, drink, eat, love, pray, sing and dance to mark her departure to the next plane.

We'll leave you with one of her all-time favourite quotes from Mr. Booja Booja to meditate on...

" Relax swami, there is nothing to do, the outcome will be the same." - *Camino Cochrane*





Happy pollinator on an Echinops flower in Dana's garden

### Tsk Tsk Revue

The renowned, irreverent, sexy, and silly Tsk Tsk Revue returns to the Lasqueti Community Hall on November 22, 2025. Mark your calendars, stay tuned for details and (if you're the type) start dreaming up an act! - *JennyV*



### Good to Go/Gone for Good Workshop

Tuesday, August 5 from 1- 3 pm at the Judith Fisher Centre.

This is an opportunity for folks to either start, continue or finish their Good to Go kits - it's the easiest way to leave critical information for those who survive you. We run through the kit, answer questions as best we can, and offer support and encouragement! We'll also review the Gone for Good kit and how to use it. Both kits will be available, if you don't have them.

Laura Crean has offered to speak briefly about her experiences dealing with the legalities and financial realities, if someone dies without a will. If you do nothing else, write your will! There is always laughter, tea and cookies. We hope to see you there. - *Annie and Terry*

# BUILD A SILLY BOAT

WIN PRIZES



EXCITEMENT

BRING YOUR CREATION TO THE BARGE RAMP  
1:30 PM SATURDAY AUGUST 30, 2025

CREATIVITY

# PRIZES

FUN

### Drawing and Painting by the Ocean with Ronaldo and Friends

Hello to the island,

For the month of August we are sponsoring an outside art workshop in tandem with Ronaldo Norden. It will take place in the yard at False Bay Provisions on Tuesdays and will focus on landscapes, still life, portraits and more.

We'll meet around 4 pm. Bring a sketch pad and some of your paints or pencils. We will also supply a variety of art materials for free. No cost for the workshop.

All ages and skill levels welcome.

This is an art project sponsored by Gold Dragon Gallery and is the beginning of a series of events offered for budding artists and established ones.

Have a beautiful August.

There is art in every heart! - *Camino*



### Community Calendar

Aug 5: Good to Go Workshop, 1-3 pm. JFC

Aug 23: Mary McRae's Celebration of Life, the Hall

Aug 24. LINC's Summer Picnic and Hike Celebration!

Aug 30: Lasqueti Days Parade

Aug 31: Community Forum, 1:30 – 3:30. the Hall.

Sept 20: Fall Fair.

Nov 22: Tsk Tsk Revue.

\*\*Nurse's clinic: Aug 7, 21, Sept. 4 11 - 3pm\*\*



## Our Week in Review

|                                   | Sun        | Mon              | Tues      | Wed              | Thu              | Fri              | Sat              |
|-----------------------------------|------------|------------------|-----------|------------------|------------------|------------------|------------------|
| <b>A Life TimeZ Nursery</b>       |            | 10 -5            |           |                  |                  |                  |                  |
| <b>Black Sheep Gas</b>            |            | 2 - 6            |           |                  | 2 - 6            | 2 - 6            |                  |
| <b>Feed Store</b>                 |            | 11 - 3           |           |                  | 11 - 3           |                  |                  |
| <b>Ferry – from FB</b>            | 1, 4       | 8, 11, 4         |           | 8, 11, 4         | 8, 11, 4         | 8, 11, 4         | 8, 11, 4         |
| <b>Ferry– from FC</b>             | 2:30, 5:30 | 9:30, 2:30, 5:30 |           | 9:30, 2:30, 5:30 | 9:30, 2:30, 5:30 | 9:30, 2:30, 5:30 | 9:30, 2:30, 5:30 |
| <b>Free Store</b>                 |            | 10 - 5           |           |                  | 10 - 5           |                  |                  |
| <b>Life Drawing</b>               |            |                  | 7 - 9     |                  |                  |                  |                  |
| <b>Nurse</b>                      |            |                  |           |                  | 11 – 3**         |                  |                  |
| <b>Parsimony &amp; Providence</b> |            | 2 - 6            |           |                  | 2 - 6            | 2 - 6            |                  |
| <b>Post Office</b>                |            | 10 - 4           |           | 10 - 4           |                  | 10 - 4           |                  |
| <b>Propane filled</b>             |            |                  |           |                  |                  | 1 - 3            |                  |
| <b>Provisions</b>                 | 10 - 5     | 9 - 6            | 10-5      | 10 - 5           | 9 - 6            | 9 - 5            | 9 - 6            |
| <b>Recycling</b>                  |            | 10 - 5           |           |                  | 10 - 5           |                  |                  |
| <b>Pub – Coffees</b>              | 9 - 1:30pm |                  |           |                  | 7 - 10:30        | 7 - 10:30        | 7 - 10:30        |
| <b>Restaurant/Pub</b>             | 3—close    | 5— 9pm           | 3 – close | 3 – close        | 3 – close        | 3 – close        | 3 – close        |
| <b>Ultimate Frisbee</b>           | 6:00       |                  |           | 6:00             |                  |                  |                  |

\*Nurses clinic: Thurs, Aug 7, 21, Sept. 4

### Land Share with Cabin For Sale

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If interested, please contact Yves Parizeau at [yparizeau@gmail.com](mailto:yparizeau@gmail.com) or 250 208 2522





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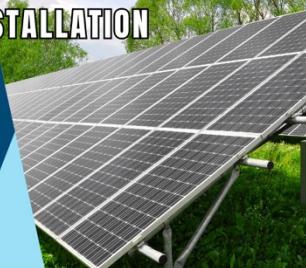
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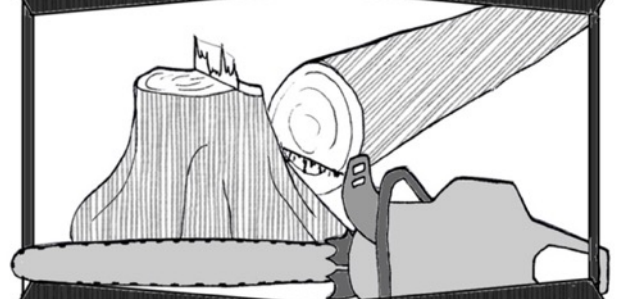
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Online versions: [www.lasqueti.ca/xweetay-news](http://www.lasqueti.ca/xweetay-news)

**Deadline submission for Sept. issue: Aug 31**