

Our Isle & Times

October 2018



NOTES FROM SUSAN: Greetings, September was a busy month for me. I attended the Union of B.C. municipalities convention and participated in several meetings with Ministers, B.C. Hydro and the ADM of MOTI. The following week we had Trust Council on Keats Island in Howe Sound. Unfortunately, eight Trustees did not attend. We did have a session on the implication of the Fresh Water Sustainability Act. We are continuing to advocate for the end of temporary freighter anchorages in the southern gulf islands, and supported the citizen climate open letter to the federal government as well as many other motions. At our LTC meeting on Mon. Sept. 24th we heard a delegation from the LCA committee that was formed to discuss the OCP review options. I asked that the top priorities be amended to add a fresh water project. I am working towards having William Shula return in October to follow up on his fresh water workshop from earlier this year. We also had a community information meeting during our regular meeting on the subdivision bylaw. Thanks to those who attended.

CONTACT INFO:

Islands Trust, Northern Office:

northinfo@islandstrust.bc.ca 1-250-247-2063

Islands Trust website: www.islandstrust.bc.ca

Susan Morrison:	Tim Peterson:
smorrison@islandstrust.bc.ca	tpeterson@islandstrust.bc.ca
250-333-8589	250-607-7094
250-927-1716	

Laura Busheikin (Lasqueti Trust Committee chairperson)
lbusheikin@islandstrust.bc.ca
250-218-3216

To email all 3: laltc@islandstrust.bc.ca

Sonja Zupanec (Lasqueti's Planner):
szupanec@islandstrust.bc.ca
1-250-247-2210 or 1-800-663-7867 and ask to be connected

REGIONAL DIRECTOR'S NOTES

It's October! Time for harvest, Thanksgiving, Hallowe'en, and a referendum/election! It has been a great year for fruit, and I'm feeling thankful for several reasons. September was a busy month politically, with the annual Union of B.C. Municipalities (UBCM) gathering of elected official from all over the Province at the beginning, a Vancouver Island Regional Library (VIRL) Board meeting in Nanaimo in the third week, and I'm writing this on the Powell River/Comox ferry after the Regional Hospital and Regional Board meetings last night. At the UBCM I felt very thankful at the change in tone of our government. The event felt much more

unified than ever in my previous experience, and when we met with Environment Minister George Heyman to plead one more time to have our waste management plan approved by his Ministry, he promised action, and it was approved within two hours! Consequently, our Regional Board meeting last night was full of motions regarding Waste Management that have been on hold for years awaiting this approval, including the plans for closing our landfill. The previous waste management committee recommended an ongoing committee to oversee this plan, and I am hustling back to Lasqueti to make their inaugural meeting this afternoon (Fri. Sept. 28th) Thanks to the volunteers Brigitte Dorner, David Ham and Dave Olsen for stepping up for this position.

It has been very interesting to see the growth of the VIRL Board in my 12 years serving on it. At the start, the meetings were very contentious, with several members getting apoplectic at the suggestion of any budget increases. Then the CAO retired, and we were very fortunate to get Rosemary Bonnanno, from Ontario, to lead the staff. She started with a comprehensive review of all the properties that she presented to the Board in a very powerful and shocking powerpoint. Over the years she has revolutionized the library, built several new libraries with several more in development, built an excellent staff, with Chairs Bruce Joliffe and now Barry Avis leading the Board, and has the expenses in line so that the system can carry on thriving with only a 2% increase in funding this year (approximately .90 cents per capita). The Books By Mail service that we enjoy has matured and expanded so much, now you will find streaming Acorn TV from Britain is available through your library card. Cheaper than Netflix!

There has been lots of chatter online regarding the upcoming referendum to support the ongoing expenses of our Health Centre. It's clear that any suggestion of increased taxation rubs people the wrong way, but the actual \$ in our individual tax bills will be small for most locals. Look at all the community energy and money that went into creating this vision, even if it wasn't your vision please consider the future and vote to support the growth and maintenance of this locally created infrastructure.

I could go on, but this is long enough for one paper. Please get out and vote on the 10th (advance poll) or on the 22nd for the general election. Congratulations to Tim and Peter, our Island Trustees for the next four years, and huge thanks to Susan Morrison for the great work she has done for the Trust, wishing her more music in her retirement! Regional Director Merrick Anderson 250-333-877

THE MEDICINE WHEEL

Nursing Clinic located at the Judith Fisher Centre

Email address: LasquetiHealthCentre@gmail.com

Nurse: Dianne McClure RN/MN

Cell: 250-240-5712 Home: 250-752-7419

Clinic phone (during clinic hours): 250-333-8891

Hours: Drop in Thursday from 11:00am–3:00pm

Oct./Nov. Clinic Dates:



Sun	Mon	Tues	Weds	Thurs	Fri	Sat
Oct.				4		
				♣ 11		
				18		
				25		
Nov.				1		
				8		
				15		

♣ On Thursday October 11th **Jodi** the Foot Care Nurse will be at the Health Centre from 11:00am until 3:00pm. She will be taking appointments at 30 minute intervals. The cost is \$40.00. Jodi is a self-employed foot care nurse.

She is certified to provide foot care and appropriate education to diabetics as well as persons with fungal toenails (onychomycosis) corns, calluses etc. Call her on her cell to book and appointment: **250-951-5793**

In keeping with the theme of foot care I will provide a brief description of a common condition of the nails that can affect both the feet as well as hands... “nail fungus”. Nail fungus is also called *onychomycosis* (on-ih-koh-my-koh-sis).

The fungal condition that infects the areas between your toes and the skin of your feet is called athlete’s foot (*tinea pedis*).

Nail fungus is common. It often begins with a white or yellow spot under the tip of a finger or toenail. As the infection goes deeper the fungus may cause the nail to discolor, thicken and crumble at the edge and can affect several nails.

In some cases, the condition may be mild and not require treatment. If it is bothersome and becomes painful and causes thickened nails, self-care steps and medication may help. Even if treatment is successful in many cases, nail fungus often comes back!

Common symptoms of nail fungus include: if one or more of your nails are thickened, has whitish to yellow-brown discoloration, brittle crumbly or ragged, distorted in shape, darkened from debris under the nails as well as slightly foul odor.

The causes of nail fungus are from fungus organisms (fungi). The most common is called dermatophyte. Nail infections can also be caused by yeast and molds.

Risk factors of nail fungal infections include age (being older). When the nail ages it becomes drier and more brittle allowing more fungi to enter. Other factors that may play a role include reduced immune system as well as decreased circulation to the feet. A history of athlete’s foot, walking bare foot in communal damp areas (shower, sauna rooms, pools etc.) as well as sweating heavily.

Some preventive measures for nail fungal infections include washing your hands and feet regularly as well as washing your hands after touching an infected nail. Trim your toe nails straight across and file down thickened areas. Wear sweat absorbing socks and change them regularly. Choose shoes that breathe. Discard old shoes or treat with disinfectant or an antifungal. Wear foot wear in damp public areas. Last but not least give up those artificial nails and nail polish! Jodi may have more suggestions! The foot care clinic is Thurs. Oct. 11th. Cheers, Dianne

SCHOOL TRUSTEE’S NOTES

Summer work is over, and school has been in session for nearly a month. False Bay School received some attention this summer as did many other schools. While the provincial government is still considering the per student funding formula, they have increased funding for facilities. We’ve taken advantage of some of these one-time funding opportunities. We continue to slowly install more fuel-efficient boilers and solar panels on our schools. This has been one of the Board’s decisions and we continue to explore other options for reducing our carbon footprint.

Normally, we would be in campaign mode during October, but this time it seems we are all acclaimed! Four current Board members have run for re-election and one other person submitted nomination papers. We welcome Laura Godfrey to the Board and say farewell to Jacob Gair. Remaining on the Board are: Eve Flynn, Barry Kurland, Julie Austin and myself. I look forward to continuing to be a functional and responsive group. We don’t know where our liaison schools will be and I will update you once those decisions are made. Until then, you can contact me at eyoung@sd69.bc.ca or 250-927-0375. Thanks.

– R. Elaine Young

OCTOBER WASTE MANAGEMENT

Traditionally, October is a time to give thanks. On Lasqueti we have many gardeners supplying sustenance. Eating local, in-season food is a sure way to reduce waste, packaging and to reduce our carbon footprint. Fresh food is the tastiest and the most nutritious. Fewer fossil fuel emissions are necessary. Our mild Lasqueti climate accommodates wonderful winter gardens. Leeks, parsley, arugula and kale from the gardens and apples, pears, filberts, walnuts, squash and other food go a long way towards food sustainability. For this I give thanks.

Have you washed some beans or legumes today to eat tomorrow? These dried foods store well, are a great source of protein and little packaging is needed. The carbon

footprint is tiny. They cook long and slow on the wood stove. Food for thought!

Congratulations to the new members of the Lasqueti Island Solid Waste Plan Monitoring Advisory Committee (LIPMAC). Our qathet Regional District has chosen: Brigitte Dorner, David Ham and Dave Olsen. They will monitor the upgrades to the Free Store/Recycling Centre, the Landfill closure procedure and monitoring wells. Brigitte was the past secretary of the Lasqueti Island Solid Waste Management Advisory Committee. Dave Olsen was also a member. David Ham didn't miss a meeting. They are all steeped in the issues.

Further to the upgrades, there were four contractors who came to the Regional District's mandatory site visit on Sept. 7th, 2018 at the Free Store/Recycle Centre in response to the "Request for Proposals" for the build out. Stay tuned to who wins the contract.

LASQUETI LANDFILL: Top of Forbes Rd. Winter hours are not in effect: 1:00-3:00pm, 1st Sat. of the month. Fees: \$5.00/bag & \$25.00/truck load. Accepts: non-recyclable plastic, metal, glass, and tires removed from rims. Does not accept: Styrofoam, drywall, paper, cardboard, electronics, recyclables, yard waste, compost or hazardous materials.

FREE STORE: Open during construction. Winter hours start Oct. 1st, Thursdays only. Please remember clean, reusable clothing and household items are accepted. No: TVs, Styrofoam, batteries, electricals, electronic devices, hazardous material, and no furniture. That means no mattresses.

RE-USE CLASSIFIEDS: Post furniture and building materials at lasqueti.ca

TEMPORARY BOTTLE RECYCLING DEPOT is now in front of the Free Store. Accepts: coconut water cans, beer and cider cans, wine bottles, boxed wine cartons, spirits and beer bottles, water jugs, and tetra juice paks. Open 24/7. Unfortunately, no tin cans, hard and soft plastic, nor cardboard (the exception being banana boxes) are to be dropped until upgrades are complete.

All clean recycling to be stored until depot upgrades are completed, or take to: Encorp's Parksville Bottle & Recycling Depot, 611A Alberni Hwy. Open 7 days a week, 8:00am - 6:00pm, 250-248-0224. More packaging materials than ever can be recycled: coffee bags, chip bags, Ziplockbags and more. <https://recyclebc.ca/> **Qualicum Bottle & Recycling**, Unit 4- 141 4th Ave., Qualicum. Open Mon. to Sat. 9:00am - 5:00pm. 250-752-8884 **Transfer Station**, 860 Church Rd., Parksville. Open 7 days/week, 8:00am - 5:00pm. Closed statutory holidays. Garbage (residual), yard waste, construction and demo material and clean recyclables. It is for residents of Nanaimo Regional District. Some fees may apply. 250-390-4111

WASTE MANAGER: Robyn Dryburgh, 250- 228-2284

—Julie Newton, Let's Talk Trash

WHAT'S HAPPENING AT THE ARTS CENTRE?

As we dive into the dark (creative) time of year, please remember our Arts Centre gallery and studio, community spaces created for art-making and sharing!

GALLERY SHOWS/EVENTS

The current show at the gallery 'When it Rains', a collection of works by 19 different local artists, will run till sometime near the end of October, followed by something witchy through November, and a show of small works by many artists in early December. Stay tuned for details. Artists, think Small, all are welcome to participate in this show!

The gallery is not just for visual art; how about some concerts, film nights, literary events. . . ? The Arts Council exists to support and encourage all forms of creativity. If you have a project or a dream please talk to us. There is also some funding available for community-enhancing creative projects.

RENTING THE GALLERY/STUDIO

To rent either space, please contact Valeria . \$3/hr or 10% of any money made.

OPEN STUDIO WEDNESDAYS

The studio will be open most Wednesdays from 1:00-5:00 pm. I'll be holding the space and available to facilitate whatever wants to happen. All ages welcome. Possibilities are endless. Bring your own project or allow a project to emerge. Art supplies available. Please contact me for more information.

LIFE DRAWING

Every Tuesday 7:00-9:00pm, \$5. Everyone is welcome. No experience necessary. If you are interested in modeling, call Sophia at 250-333-8623, or talk to Tony at the post office.

ARTS COUNCIL AGM

Our Annual General Meeting will take place sometime in October or November, date and details TBA. Please consider attending, please consider becoming more involved in the Arts Council. Fresh input is welcome. Art feeds the soul.

—Valeria, for the Arts' Council 250-333-8691, 250-240-0866, valeriapainting@gmail.com



LASQUETI ISLAND NATURE CONSERVANCY

The Lasqueti community has been very supportive of conservation over the years! Thanks to so many wonderful people, we have protected Jedidiah Island, Squitty Bay park extension, Mt. Trematon, and the Johnny Osland Reserve. How lucky we are to be able to go to these special places, revel in their beauty and peace, and see, smell and enjoy the natural areas and wildlife that will

continue to thrive because we cared enough to protect them from human development.

Now we have the chance to conserve an incredible view which will have a safe public trail, through 350 year-old old growth trees, in an area that expands on Squitty Bay Marine Park. Thanks to generous donors, we have raised close to \$160,000! Now we need the last \$90,000 to realize our goal. That's a lot of money still, and we only have until Dec. 21st to do it! So here's a plan: to those who have been thinking about it, waiting to see how it will go, please donate now. For those who have already donated or pledged, thank you so much! If you matched your previous generous offer, we'd have another \$59,000. If 300 people donated \$300 each, we'd have that \$90,000 we need! So, this is the best time to add your generous donation to this project, ensuring that we can all hike up to Salish View next year. Reach out to your friends and relatives who visit to see if they would contribute, and help us conserve another special place on Lasqueti Island.

In a time of climate change, population growth and development, and dwindling ecological integrity, we can do something to help our community and the natural world! Donate by cheque, e-transfer to linc@lasqueti.ca, pledge, on-line at CanadaHelps, or through passing on a security that otherwise you'd pay tax on. Thank you for your generosity and care for our island, community and nature!

– LINC

SCHOOL BUS

In the spirit of safety, I want to let the community know when to expect the school bus on the road.

Monday-Friday mornings:

Between 7:30-8:35 it travels to the south end and back to the school.

8:35-8:45: the bus travels to the north end and back.

Afternoon:

3:15-3:35- bus travels from the school, down Weldon to Elderberry Lane and back again

3:35-3:45-from school to north end

3:45-4:10:T-Pot to South End

4:10-4:30: travelling back up to Lennie Rd

Drive carefully during these times as we have kids on bikes and the yellow bus full of our island's most precious cargo. And also remember to keep it under 30km/hr in the school zone. Thank you everyone.

– Kirsty, FBS

FALL FAIR: WRAP-UP

What a great Fall Fair! Thanks to all who contributed their time, energy, food, creations and love. The Fair wouldn't be possible without you all and everyone who attended. About 350 people attended, and we served about 250 dinners. Thanks to Lisa J. for donating the reusable beer and wine cups, it was a near waste-free event (one handful + a broken jar!). The proceeds will go to hall improvements. We especially want to thank people who made the different

parts work:

Roasting: Karl, Mark B., Ben, Kristos, Sirrett, Sailor, Jordan

Dinner prep & serving: Lisa J., Terry, Deb, Gwen, Denise, Emily, Josie, Silke, Kimi, Sandika, Hilary, Carly R., Wendy B., Tanis, Simmah, Judy P., Dana, Mikiko, Naomi S.

Bar and coffee: Cindy, Brennen, Crysta, Shandora, Sophia, Gwen

Daytime food/drinks: Aigul, Sue K., Laura, PAC, Rachel & Jeremy

Corn: Sandika, Les, Terri

Dishes: Boris, John C., Mike, Kate H., Jack S., Noel T., Paul, Thomas, Pascal, Pia, Hilary (plus many others)

Display and event organizing: Marie-Ange, Sheila R. (food competition), Anna, Tanis (wine tasting), Kirsty (kids' races), Jimmy (rope), Dana (canning, archaeology), Tolling (crosscut saw), Sean T. (bucking wood), Valeria (composable creatures), Sophia (face painting)

Displays: Marti, Ivy, Thomas, Arne, Jordan, Hilary, Gabe, Violet, Ilah Lu, Kahllo, Marti, Jenny V., Wendy S., Jodi, Charline, Dave C., Kirsty, Gwyn, Celia, Jay R., Gordon S., Gary, Ronaldo, David E., Benjamin, Dave O., Josie, Don, Sarabella, Anicca, Graham, Mary, Linda, Jessica H., LINC, LCA OCP Review Committee, Yacht Club, Last Resort Society, LCA Rideshare Committee

Sound & Band: Ian (who also loaned his equipment), Joseph, Seaborn (transport), Carly J. (accommodations)

Set up: Kristos (another Kristos), Pascal, Dave E., Amita & Christine, Valeria (signs), Dianna (poster)

Cleanup: Jodi, Dave E., Gwen, Karl, Sirrett, Kathy G., Nayana, Marie-Ange

Entrance: Marilyn, Jan, Judy, Bob, Sue W, Caroline, Arne, Melinda, Maurine, Jack, Connie, Allan, Marie-Ange

Waste management: Wendy B.

We also had a lot of local food, much of it donated: Kristos (pig), Mark Y. (chicken), Jenny V., Marie-Ange, Lisa J., Brigitte, Marti, Gordon A., Arne, Terry T., Hilary, Jodi, Violet & Gabe, and a salmon donated by Boris. Plus, the salsa, jam, bread, pickles, wine, etc. for the food tasting competitions.

If we missed any names, please accept our apology and let us know. Happy Fall!

–Jenny V. & Andrew Fall

COUGAR ANNIE TALES

Katrina Kadowski will be bringing her play, "Cougar Annie Tales" to the Lasqueti Community Hall on Sat., Oct. 20th, at 7:30pm.

Ms. Kadowskis' one-woman play about the life of west coast legend, "Cougar Annie", was inspired after she spent three years as caretaker of the legendary womans' homestead, located 33 miles northwest of Tofino, B.C.

In her play, she portrays the legendary coastal character of

Ada Annie Jordan through monologues, written letters and projected screen images. On the stage she has genuine articles; blankets, traps, furs, books, etc. that once belonged to Annie Jordan. Now and then she'll pick up her banjo and weave a song into the narrative, making the entire experience a collage of this West Coast character presented in a flowing, multi-media style. Katrina brought this play to the island in about 2013, and I have to say that I loved it then, and I'm very happy to see it again. It's great West Coast "herstory", just full of tough homesteading dialogue and anecdotes, dreams and disappointments, piss and vinegar. Kat says she's made a few changes to the original play, added some more characters and a few more music breaks. The play will run for just under an hour, then we'll have a 15 minute intermission, (with beverages and snacks available at the Cougar Bar) and then Kat and her musical cohort will transform into "The Edge Dwellers", and play a set of indie-folk genre music to cap off the evening. Sounds like fun!

"Cougar Annie Tales" won the Pick of the Fringe award at the 2012 Vancouver Fringe Festival, and "Victoria Critics' Nomination for Best New Play, 2012"

At the Community Hall. Doors open at 7:00, play will begin at 7:30

Adult tickets \$20, Teenagers and children (19 yrs. and under) \$5. Tiny kids welcome if they can pay attention and not wail, or run around. Need any more info? Call or email Darzo, 250-333-8819, darzolesko@gmail.com –Darzo

HALLOWEEN CELEBRATION

Get your fright on by joining the costumed, creepy Halloween celebration at the Community Hall on Sat., Oct. 25th. While the veils between worlds are thin, we can dress up, honour our dead and dance! The Fierce Carly's will jam out live music and DJ's Beatfarmer and S.Holmes will offer up electronica. Tian is plotting an Alice in Wonderland themed Escape Room for those adventuresome folks who want to play. Everyone will be able to vote on a variety of categories for best costumes and there will be prizes! Bring photos of the dead you want to remember for the altar. This is a family friendly dance, all ages and kinds are welcome. Doors open at 7:00pm. If you want to help out contact JennyV (250-333-8601) to find out how. – JennyV.

TSK TSK REVUE

If you haven't done so yet, mark your calendars for Nov. 24th and then you won't miss the 12th annual Tsk Tsk Revue. It's a stimulating, sexy, silly evening of legendary dirty variety for discerning adults. Get your act together to take to the stage, or play your part in the audience. More details to come in the November paper. –Jenny V.

JAZZ CONCERT

Save the date! Fri. Oct.19th: an intimate evening of amazing jazz with Bill Coon and Ken Lister in Denise's Dance Studio on Lasqueti Island. Bill Coon is one of Canada's

most highly respected musicians, a Juno nominee, and he is the winner of the 2009 National Jazz Award's, 'Guitarist of the Year'. He'll be playing with our very own Juno recipient Ken Lister on bass. This will be the inaugural concert for the studio and will be a dynamite evening.

Doors open at 7:00pm, concert at 7:30 pm

Entrance: \$20.00 Food and Drinks available

For more information please call Denise at 250-240-0457 or email at dance@lasqueti.ca

Check out Bill and Ken's websites for more information about their accolades and music:

<http://www.billcoon.com/new-release-departure/>

<https://kenlister.me/>

COMMUNITY FORUM ON ENVIRONMENTAL STEWARDSHIP

In preparation for the Official Community Plan review, the Lasqueti Community Association is hosting a community forum to gather and consider Islander's interests regarding Environmental Stewardship and Climate Change Mitigation. This event will be held at the Community Hall on Sat. Nov.17th, from Noon-3:00pm.

The LCA community plan steering committee is seeking advance input on the current OCP from all Islanders, to be included in the Nov.17th meeting. Please write to us in advance of this date, sharing your interests and concerns regarding (but not limited to) our island's waters, shores, lands, and species. Included in this forum will be the topic of Climate Change Mitigation, or "What we could do to reduce our greenhouse gas emissions".

The current OCP Objectives related to Environmental Stewardship and Climate Change Mitigation are summarized here:

3.6 Environmental Management:

- To assist, where possible, in the establishment and maintenance of Ecological Reserves.
- To encourage that the renewable resource base is maintained in a sustainable manner.
- To encourage and promote the protection of foreshore and marine areas for public enjoyment, public access and conservation.
- To promote the preservation of fresh and salt water purity.
- To promote the retention of native flora and fauna and areas of both typical and unique ecosystems.
- To promote a safe and healthy environment for all residents.

3.9 Climate Change Mitigation

- To promote the use of renewable energy and the development of renewable energy sources, and consider the impacts of climate change in all land use decisions; and
- To maintain Lasqueti Island's lower than Canadian average rates of greenhouse gas emissions and seek out

new means of further reducing greenhouse gas emissions through reduced fuel consumption and shifts to alternative forms of energy. While a detailed inventory is required to fully measure greenhouse gas emission rates on the Island, an aspirational target of maintaining Lasqueti Island's greenhouse gas emissions at or below 50% of the Canadian per capita average rate is set, to be -verified in 2020 and 2050.

You can read the entire Sections 3.6 and 3.9 of the Official Community Plan (OCP) on the Islands Trust Website: <http://www.islandstrust.bc.ca/media/342714/labylbaseocp0077.pdf>

You can write to us at lcaocp@gmail.com or "The Lasqueti Community Association" General Delivery, Lasqueti Island, BC, V0R 2J0

–Shoshannah, Colin E, Marti W, Hilary, Jordan B, Kathy R, Nadine Simpson, Kristos, Karl

HOW WELL DID E-DAC SERVE OUR FIRE DEPARTMENT AND COMMUNITY?

In the Sept. issue of *Our Isle and Times*, Merrick asked "people to reflect on how well the EDAC committee served our beleaguered dispatchers and our Fire Department."

This is a good and relevant question and, as the former chair of the Emergency Dispatch Advisory Committee (E-DAC), I thought that it would be useful to provide some background facts and current status.

- E-DAC was created by the qathet Regional District (qRD) in early 2016 to explore, evaluate and recommend solutions for the dispatch system used by the Lasqueti Island Volunteer Fire Department (LIVFD).
- There were nine members: five were members of the LIVFD (including the Fire Chief and head dispatcher), and two were former Fire Chiefs.
- E-DAC met 18 times over 10 months, held two public forums, researched options, and contributed hundreds of hours of volunteer effort.
- The qRD provided no budget for E-DAC, and the approx. \$1,000 expenses for travel and product evaluation were covered by donations.
- E-DAC identified the values and interests of the community (from public forums), the LIVFD (from a department meeting) and qRD (from their terms for the committee).
- E-DAC spent considerable effort to design local solutions that balanced the interests of the community, LIVFD and qRD. The E-DAC evaluated and compared the current system, the North Island 9-1-1 system and three locally designed solutions.
- At the well-attended 2nd public forum, the participants were in unanimous support for a local solution (Option C). At a meeting, LIVFD dispatchers agreed unanimously to

support this option. E-DAC subsequently voted unanimously to recommend Option C.

- E-DAC delivered a comprehensive 300+ page report in Dec. 2016 that met the terms set by the qRD (see <http://www.e-dac.ca>).

The E-DAC final report included four recommendations to the Regional Board:

- (1) To support LIVFD implementing the locally-designed Option C.
- (2) To support LIVFD creating a fire dep't support committee to allow members of the public to help the LIVFD Fire Chief and dep't members.
- (3) To support LIVFD completing and deploying the Incident and Resource Locator Tool, which had such strong support that E-DAC voted unanimously that this tool should be adopted with any dispatch system.
- (4) To lobby Telus to ensure reliable telephone service.

The Fire Chief has initiated the fire department support committee. So far, it has helped with some reporting and the picnic, and it will evolve as more people volunteer to help. Further GPS data collection is being planned to advance the mapping tool, which was considered to be critical to the Lasqueti dispatch system by the expert hired by qRD to do an operational review of Option C.

After receiving the E-DAC report in Dec. 2016, the qRD Board has taken the following actions: A legal opinion. Then an operational review (that did not include a site visit to Lasqueti). Then a 2nd legal opinion (to which I was invited, but denied after I travelled to Powell River). Then a 2nd operational review by the same expert (including a site visit to Lasqueti), which resulted in a positive report on Option C. Then a 3rd legal opinion in Dec 2017.

Since Dec. 2017, there has been absolute silence on this issue from the qRD.

The E-DAC completed its term and report in Dec. 2016. The qRD has had the E-DAC report and recommendations for all of 2017 and 2018.

In my view, the members on the E-DAC provided a commendable and honourable service to our dispatchers and our Fire Department, and to the Lasqueti community as a whole, while respecting and trying to work cooperatively with the qRD. We followed an open, consultative and respectful process that treated the community, LIVFD and qRD as partners to seek solutions that best met all interests. The E-DAC demonstrated how our community can unite if a good process is followed.

–Andrew Fall

OPINION: HEALTH CARE REFERENDUM

Let me start this opinion piece by stating that the following is my opinion, and is in no way intended to represent the view of the Last Resort Society or its Board of Directors. That being said, I have been on the Board for seven years. Seven years is a long stretch of chairing meetings, which at

the height of construction were twice per month, and I think it is entirely fair to view the contributions of Board members as those of dedicated volunteers.

Thus, it saddens me when the Board, past or present, is represented as being somehow underhanded in our request for a tax levy. Nothing could be further from the truth. To say that a longer timeline for the decision would have been preferable, or that the Board could have done a better job communicating the reasons behind and the implications of the referendum are fair criticisms. There have been three community information meetings since the proposal was announced at the June 17th AGM, and many constructive ideas have emerged.

For the record, if this initiative does not pass, the costs of the referendum will be borne by the Regional District. A referendum on short notice seemed preferable to the other option, which would be to get a petition signed by landowners representing both 50% of the total number of parcels, and 50% of the total assessed value of all properties on the island.

While much of the public discussion has been about the total amount requested, which is up to \$45,000/year, I want to focus for a moment on what the implications are for individuals. The math is fairly simple. My property is assessed at \$125,900, so this means I would pay about \$35/year. I feel fine about making a permanent yearly donation of \$35 to keep our Health Centre operating. I did the math with a member of the Magic Mountain Co-op, and we found that each member would be paying about \$18.66/year. If you are not sure what it would cost you, I urge you to dig out your tax assessments and do the math for yourself. The ask is for \$28 per \$100,000 of assessed value. The request specifically does not include any allowance to rise with inflation, so the maximum is the maximum. The Board has committed to reviewing the levy in five years. If, after doing the math, you really feel it is unsupportable, well, there's not much I can say.

I have noticed that many of those most vocally opposed to this tax levy seem to protest that while it won't really be a financial burden on them, personally, they worry about it rising in the future, potentially harming young landowners of the future. There are many obstacles to young people living here, but the proposed tax levy will never be one of them.

Another issue frequently raised is the maintenance and administrative costs. Can they be reduced? Certainly, and there are many options that can be explored to do so. Please keep in mind that the salaries that we are currently paying are in line with wages on the island in general, and support islanders. Since the maintenance folks work on salary, and the administrator contract comes up for renewal every December, these costs are not etched in stone, and could be reduced by dedicated volunteers, who are willing and able to both to do the work, and to ensure it is done in a

conscientious and timely manner. I personally don't believe that we can expect all maintenance and administrative jobs to be done by volunteers, and I think it's reasonable to pay a decent wage to those employees that our Health Centre requires. The tax levy request is for a maximum of \$45,000, and that yearly number could be reduced if, in fact, these volunteers are willing and able.

The Judith Fisher Centre is ours, as a community. We have planned, raised the funds for construction, and built it. We own it. Countless people have donated their money, and well over \$100,000 worth of volunteer hours to reach the stage that we are at. What the tax levy referendum asks each of us is if we are willing to continue to support our own Health Centre. The costs will be borne by landowners, but will potentially benefit all residents and visitors. I feel that, as socialism goes, a local health care facility is something I can happily support, as well as easily afford. I hope the majority of voters agree.

I want to quote from the Saturna Island materials, as they are asking for a similar tax levy on their island this October. I have changed the wording, inserting the locally relevant names:

"The service is best described as a contribution service by which the qRD levies a property tax to provide secure and predictable operating funding for the Lasqueti Health Centre. The funding would be used to cover the community's portion of the funding required to operate the Lasqueti Health Centre. The tax levy funding would not subsidize services that fall under Island Health's mandate."

Many people would like to access more health services here on island, including more doctor visits and blood work, to name just two. It is my firm belief that as we push for more services from the health authority, Island Health, it would be a benefit if we can demonstrate "secure and predictable funding", to help make the case that investing time and money in more services here is viable.

This leads me to the argument that we have built a Cadillac, when perhaps we only need a Honda Civic. The important point here is that we wanted a building that would be deemed suitable to be declared a medical facility by the Health Minister, which indeed it has. Could the Civic have passed muster? Hard to say, and beside the point now. I believe that our Health Centre will be appreciated for the quality of its construction for many years to come.

I would like to encourage any of you that are interested in our Health Centre, its operations, or future services, to get involved. Join the Society, attend meetings, and consider putting your name forward as a member of the Board.

Finally, I want to express my deep appreciation to each and every person who has donated their time and money towards getting us to where we are today, with a Minister approved Cadillac of a building that is capable of housing many health services that many of us would like to have available on the island, and that will serve us well for many

years to come. I believe that a 'yes' vote in the referendum will be something that none of us will regret, and that if enough 'yes' votes result in the establishment of the proposed tax levy, we will all benefit over the coming years.

—Tim Peterson

***DANCE AND YOGA CLASSES AT DENISE'S
NEW STUDIO: FALL SESSION
STARTS MON. OCT. 1ST***

Welcome the fall with Dance, Yoga, and Conditioning. Classes commence Oct. 1st. Newcomers are encouraged and welcomed. Treat yourself to the many benefits movement offers. All classes run for ten weeks and cost is \$150.

ADULT CLASSES

Intermediate Modern: Mondays 9:30-11:30am

Vinyasa Yoga: Tuesdays 9:00-10:30am

This energetic flow yoga class offers a choreographed series of postures designed to still the mind, invigorate and cleanse the body while drawing awareness to the breath. This practice is designed to increase muscle tone, strength, flexibility, balance and concentration. All levels welcome.

Restorative Yoga: Mondays 12:45-2:30pm

Blending Bartenieff's developmental patterns and Restorative Yoga, this class is designed to calm the mind, and restore energy to the body. Emphasis will be placed on allowing the body to open slowly and naturally without effort using bolsters or blankets as supportive props. Deep gentle stretches enhance flexibility and joint mobility while healing and realigning the body's connective tissues. A massage from the inside out. All levels welcome.

Blues Dance Classes: Wednesdays 6:30-8:30pm

Come learn Blues Dance, a blending of swing dance, jazz and tango into its own unique style. Come check it out and have some fun!

YOUTH DANCE CLASSES

Dance Repertory: ages 13-16: Mondays 3:00-5:00 pm

**Dance Improvisation & Choreography: ages 13-16
Wednesdays 9:30-11:30am**

Introduction to Improvisation & Choreography. This class explores numerous styles and approaches to choreography while creating studies and works.

Dance Theatre: ages 10-12: Tuesdays 4:00-5:30pm

This fun filled class blends dance, physical theatre, voice, rhythm, skipping and French. The class encourages spontaneity, improvisation, full creative expression and play.

Creative Dance, ages 7 – 9: Wednesdays 4:00-5:15pm

Blending Modern, Jazz Dance, song, improvisation, rhythm, skipping and French.

5 WEEK CLASS SERIES

Yoga Dance: Tuesdays 6:00-7:30pm Oct. 2 - Oct. 30

This class blends the mindfulness of Yoga, and

the dynamics of Modern, Jazz, Latin dance and Ballet. We will focus on flexibility, core strength, balance, lengthening and toning muscles, increasing awareness, the use of breath and improving range of motion. Come try out this class and have fun! All levels welcome. Cost \$75

Dance Improvisation: Tuesdays 6:00-7:30 pm Nov. 6-Dec. 4

Unleash your creativity, spontaneity, curiosity and playfulness through dance improvisation. Class starts with warm-up exercises designed to stretch and strengthen the body, increase body-awareness. All levels welcome. Cost \$75

**Bartenieff Fundamentals: Wednesdays 12:30 - 2:00 pm
Oct. 3 - Oct. 31**

Are you constantly achy and stiff, and suffer from soreness or fatigue? Try this introductory Bartenieff Fundamentals class and learn some basic developmental movement patterns that will help alleviate stress in joints and fatigue, offer ease in movement, increase balance, breath and body-mind awareness. Be prepared to feel grounded, connected, reintegrated and rejuvenated from this work. All levels welcome. Cost \$ 75

**Creative Dance ages 3 – 5: Wednesdays Noon-1:00 pm
Nov 7 -Dec. 8**

We explore full expression through dance, rhythm, song and French. Cost \$75

All classes will be taught by Artistic Director Denise Lieutaghi, BA (Human and Social Development), certified teacher of the Bill Evans Method of Teaching Modern Dance, and certified Radiant Health Yoga teacher. For more information and for registration please call Denise at 250-240-0457 or email at dance@lasqueti.ca

—Denise Lieutaghi

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NOTICE OF ELECTION BY VOTING AND ASSENT VOTING

PUBLIC NOTICE is hereby given that an election by voting is necessary to elect persons to the following offices for a four year term commencing November 2018, and that assent voting will be held on the following question for electors within Electoral Area E of the qathet Regional District:

- Director for Electoral Area E of the qathet Regional District

PUBLIC NOTICE is given to the electors within Electoral Area E of the qathet Regional District that assent voting will be held on the following question:

“Are you in favour of the qathet Regional District adopting Bylaw No. 531 to establish a service for the purpose of providing financial assistance to the Lasqueti Last Resort Society for operation of the Lasqueti Island Health Centre located at the Judith Fisher Centre, and to authorize a maximum annual requisition of \$45,000?”

DIRECTOR – One (1) to be elected

Electoral Area E

Surname	Usual Names	Residential Address
ANDERSON	Merrick Craig	2 Lennie Road, Lasqueti Island
FALL	Andrew	General Delivery, Lasqueti Island

THE FOLLOWING CANDIDATES HAVE BEEN ELECTED BY ACCLAMATION

Lasqueti Island Local Trust Area

Surname	Usual Names	Residential Address
JOHNSTON	Peter Andrew	Gline Road, Lasqueti Island
PETERSON	Timothy James	111 Needle Park Road, Lasqueti Island

ASSENT VOTING

- **The following question will be submitted to the electorate in Electoral Area E:**

“Are you in favour of the qathet Regional District adopting Bylaw No. 531 to establish a service for the purpose of providing financial assistance to the Lasqueti Last Resort Society for operation of the Lasqueti Island Health Centre located at the Judith Fisher Centre, and to authorize a maximum annual requisition of \$45,000?”

SYNOPSIS OF PROPOSED BYLAW

Bylaw No. 531 – “Lasqueti Island Health Centre Contribution Service Establishment Bylaw No. 531, 2018”

The general intent of this bylaw is to establish a service to provide financial assistance by agreement with the Lasqueti Last Resort Society for the operation of a health care facility on Lasqueti Island. The area that is subject to the bylaw is all of Electoral Area E. The maximum annual taxation for the service is \$45,000.

TAKE NOTICE that the above is a synopsis of the proposed bylaw and that this synopsis is not intended to be and is not to be understood as an interpretation of the bylaw. The full bylaw may be inspected at the qathet Regional District Administration Office at 202-4675 Marine Avenue, Powell River, BC, V8A 2L2, during regular office hours: Monday - Friday from 8:30 am – 4:30 pm, excluding statutory holidays.

VOTING DATES AND LOCATIONS

GENERAL VOTING: **Saturday, October 20, 2018** from 8:00 am to 8:00 pm at the following locations:

Area	Location	Address
Electoral Area E	False Bay Elementary School	Main Road, Lasqueti Island

ADVANCE VOTING: **Wednesday, October 10, 2018** from 8:00 am to 8:00 pm at the following locations:

Area	Location	Address
Electoral Area E	Lasqueti Community Hall	Lasqueti Island

Note: All qualified electors may vote at an advance voting opportunity.

ELECTOR REGISTRATION

There is no need to pre-register to vote, as the registration of all electors will take place at the time of voting. You will be required to make a declaration that you meet the following requirements:

- 18 years of age or older on general voting day
- Canadian citizen
- resident of BC for at least 6 months immediately preceding the day of registration
- resident of OR registered owner of real property in the in the voting jurisdiction for at least 30 days immediately preceding the day of registration, and

- not otherwise disqualified by the *Local Government Act* or any other enactment from voting in an election or otherwise disqualified by law.

Resident electors must produce **2 pieces of identification** (at least one with a signature). Picture identification is not necessary. The identification must prove both residency and identity.

Non-resident property electors must produce **2 pieces of identification** (at least one with a signature) to prove identity, **proof** that they are entitled to register in relation to the property, and, if there is more than one owner of the property, **written consent** from the majority of the property owners.

MAIL BALLOT VOTING

Qualified resident or non-resident property electors may vote by mail if they meet one or more of the following requirements:

- have a physical disability, illness or injury that affects their ability to vote at another voting opportunity; OR
- expect to be absent from the regional district on general voting day and at the times of all advance voting opportunities; OR
- regularly reside in any electoral area where their only access from their residence to a voting place is by boat or aircraft.

REQUESTING A MAIL BALLOT PACKAGE:

To request a mail ballot package, you must submit a completed Application to Vote by Mail to the qathet Regional District Administration office as early as possible in advance of general voting day, October 20, 2018. Applications can be obtained by contacting the Administrative Services Department at 604-485-2260, or by downloading the form at the 2018 Election webpage at www.qathet.ca. Once your application to vote by mail ballot is approved the mail ballot package with instructions will be issued to you.

Please note: for applications received after Thursday, September 27, time will not permit issuing the ballot package via mail, and the voter must arrange to pick up a package from the qRD. Voters are responsible for returning the completed package to the qathet Regional District. To be counted, your mail ballot must be received by the Chief Election Officer no later than 8:00 pm on Saturday, October 20, 2018. It is your responsibility to deliver or post the mail ballot in sufficient time for delivery to the qathet Regional District, at 202-4675 Marine Avenue, Powell River, BC. V8A 2L2.

FOR FURTHER INFORMATION on the 2018 General Local Election, please visit the Election webpage at www.qathet.ca, or contact the Chief Election Officer, Matt O'Halloran, or the Deputy Chief Election Officer, Michelle Jones at 604-485-2260, or vote@powellriverrd.bc.ca Matt O'Halloran, Chief Election Officer



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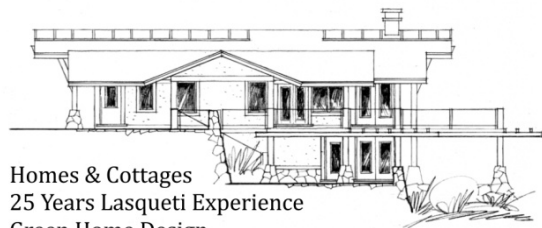
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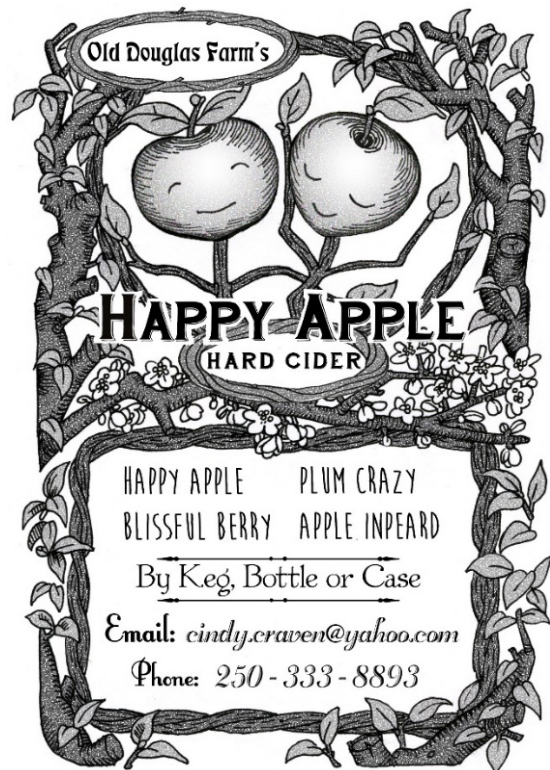
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Friday 9:00-7:00

Saturday 9:00-6:00

Sunday 11:00-5:00

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Our Isle & Times is published on a monthly basis. It is a community supported newsletter, i.e., the articles and ads are written by community members. The contents do not necessarily represent the views of the editor/publisher, nor is their accuracy guaranteed. **Donations for all submissions are most gratefully accepted.** Submissions may be made by calling Kimi Cochlin at 250-240-6464 or by sending them to her at PO Box 1, Main Road, Lasqueti Island, BC, V0R 2J0 or to isleandtimes@gmail.com.

Subscription Information: <https://lasqueti.ca/island-info/isleandtimes>

The deadline for the November 2018 issue is Thurs. Oct. 25th for release on Fri. Nov. 2nd.