

Our Isle & Times

June 2018



NOTES FROM SUSAN: Greetings all. The LTC is working on amending the subdivision bylaw. This is just at the Islands Trust beginning of its process so will go out to referrals and public comments in the summer.

I have attended Denman and Thetis LTC meetings in May and phoned in to the Gambier meeting as it was not anticipated to be a large agenda, so we saved some travel budget.

Trust Council will be held on Saturna Island in June. We have a tentative plan to meet the new Chair of the Agricultural Land Committee, Jennifer Dyson, on Wed. June 20th. Elizabeth May has indicated a desire to speak to us, perhaps on Thurs. June 21st. We have a strategic planning session, Islands Trust Act amendments session and a best practices for candidates in the upcoming election cycle session scheduled. Thanks to all who participate in our local issues.

NOTES FROM TIM: Greetings all. The Local Trust Committee will be holding our regular business meeting on the day this issue is released (June 4th), and the Lasqueti Community Association will have held its AGM, so we will have a better picture of what the community led Official Community Plan review process will be. If you are interested, please consider joining in the process, as much effort and consideration are required for this project, and a wide range of community input is important to achieving a revised OCP that reflects our shared values and collective vision of our future. I look forward to this process unfolding over the coming months.

As Susan noted, at June's Trust Council we hope to meet the new head of the Agricultural Land Commission (ALC), and find out more about the ALC's stance on industrial level marijuana production on ALR lands, among other topics. Happy gardening, and an enjoyable season to all.

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laltc@islandstrust.bc.ca

Sonja Zupanec (Lasqueti's Planner):

szupanec@islandstrust.bc.ca

1-250-247-2210 or 1-800-663-7867 and ask to be connected

REGIONAL DIRECTOR'S NOTES

Greetings for the beautiful month of June. A few folks have enquired lately regarding plans for waste management, and I met with Mike Wall, the Regional District's Facilities Manager this morning (Fri. May 25th) and have some news. Mike has been working with Sam Bain (for Magic Mountain Co-op) to finalize a design that satisfies the needs of MMBC and that of recyclers who now require very clean product, and the landowner. The drawings I saw at the office look very good, I think it will be a huge improvement, and the plan is to bring the plans to a public meeting in the week of June 18th. The firm date will be announced soon. I want to give people a heads up now that the work on the site will commence mid-July, hopefully finished by October. While the renovations are going on the Free Store and recycling will be closed. Sounds like a great time to get serious about minimizing waste, eh neighbors? So think seriously and makes some plans around dealing with all those things you're used to dropping so conveniently behind the Free Store.

I think that's enough earthshaking news for one paper, plus I'm typing this on my cell, so I'll sign off here.

Regional Director Merrick Anderson 250-333-8773

THE MEDICINE WHEEL

Nursing Clinic located at the Judith Fisher Centre

Email address: LasquetiHealthCentre@gmail.com

Nurse: Dianne McClure RN/MN

Cell: 250-240-5712 **Home:** 250-752-7419

Clinic phone (during clinic hours): 250-333-8891

Hours: Drop in Thursday from 11:00am-3:00pm

June 2018 Clinic Dates:

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
June				Not in		
				Not in		
	18			21		
	25			28		
July				4		

Nice to see the sun shining, however, it does come with its hazards ☺. My role as your community nurse and the writer of your monthly health article is to address the primary hazard of over exposure to the harmful rays of the sun which



can contribute to skin cancer.

There are three major forms of skin cancer (i) basal cell carcinoma (the most common) (ii) squamous cell carcinoma (the second most common) and (iii) melanoma, which originates from the pigment-producing skin cells (melanocytes) which is less common though more dangerous.

There are certain risk factors that contribute to a person developing skin cancer. They include: (i) ultraviolet light exposure, either from the sun or from tanning beds. (ii) fair skinned people with hazel or blue eyes and people with blond or red hair are particularly susceptible. (iii) a chronically suppressed immune system or immunosuppression from an underlying disease, such as HIV/AIDS infection or cancer, or from medications such as prednisone or chemotherapy (iv) exposure to ionizing radiation or chemicals known to predispose to cancer such as arsenic (v) certain types of sexually acquired wart virus types (vi) people who have a history of one skin cancer have a 20% chance of acquiring another one in the next two years and (vii) age-elderly people have more skin cancers.

What causes skin cancer? Most skin cancers arise from DNA mutations induced by ultraviolet light affecting the cells of the epidermis.

How is skin cancer diagnosed? A skin biopsy is usually used to confirm a suspicion of skin cancer. This is performed most often by numbing the area under the tumor with a local anesthetic such as lidocaine. A small portion of the tumor is sliced away and sent for examination by a pathologist, who looks at the tissue under a microscope and the diagnosis is based on the characteristics of the tumor.

What is the treatment for skin cancer? There are several effective ways of treating skin cancer. The choice of treatment may depend on the location and size of the tumor, the microscopic characteristics of the cancer and the general health of the client. Surgical excision is the most common. Topical medications may be used in the case of some superficial basal cell carcinomas. They may be in the form of creams, gels and solutions and may include imiquimod. Side effects of these topical medications may include, redness, irritation and inflammation. Other treatments include, mohs micrographic surgery, radiation therapy, destruction by electrodesiccation and curettage (EDC) as well as photodynamic therapy (PDT).

Preventing skin cancer? The best way to prevent skin cancer is to avoid the triggers that cause tumors to develop. Prevention includes protection of the sun by appropriate sunscreens, protective clothing and avoidance of the sun during peak hours of 9:00am to 3:00pm. Parents should ensure children are protected from the sun. Do not use tanning beds, which cause excess ultra violet light exposure. If you have identified a suspicious skin lesion see your health care provider so it can be looked into in a timely manner. Cheers, and enjoy that sunshine safely! ♥ Dianne

WHAT'S HAPPENING AT THE JUDITH FISHER CENTRE?

The Health Centre opened in June 2016 after a tremendous outpouring of support from the Lasqueti Community in the form of labour, materials and money. Thanks to that effort we now have a permanent facility for weekly nursing services, quarterly doctor visits, telehealth consultations, a treatment room for other health professionals, meeting space for community organizations and support groups, storage space for the food bank, a respite suite and a place for First Responders to wait for the Coast Guard or Air Ambulance. Everyone who uses the Health Centre is supplied with heat, electricity and water. The HC is fast becoming a hub for a variety of community activities.

Now that it's been open for a while we have a clear understanding of what it takes to keep the Centre operating: \$45,000 per year. The amount of money taken in for rentals does not come close to covering this amount. So far, we have paid for these costs through service grants, membership fees, modest usage fees and donations. It is not working well, and income is not sufficient to meet our current level of service. Continuing along with an endless fundraising campaign while at the same time being uncertain about operations from year to year is not a sustainable model for the Health Centre.

After a lot of consideration, the Board of the Last Resort Society decided that a regular funding solution was needed. They have resolved to request the Powell River Regional District to increase the Lasqueti Island tax base by \$45,000 to cover the operating expenses of the Health Centre building. This would equate to \$28.70 per \$100,000 of residential net taxable value for every property on Lasqueti and the surrounding islands (Powell River Regional District Area E). For example, a property with a residential net taxable value of \$100,000 would be taxed at \$28.70; one at \$250,000 would be taxed at \$71.75; one at \$375,000 would be taxed at 107.63 and one at \$1,000,000. would be taxed at \$287.00.

How would this tax increase occur? The Regional District will hold a vote on a service establishment bylaw. For this matter, the voting opportunity will occur at the same time as the local elections which are set for the third Saturday in October. If the vote is successful, the 2019 Regional District budget will include \$45,000 for Area E for the Health Centre. You can find out more about voting on a service establishment bylaw at: <http://www.powellriverrd.bc.ca/inside-the-prrd/elections-and-voting/>

–Melinda Auerbach, Administrator, 250-333-8891
Email: healthcentre@lasqueti.ca
<http://facebook.com/Lasqueti-Last-Resort-Society>

18th ANNUAL DANCE PERFORMANCE AND COSTUME BALL – JUNE 16th

Come and enjoy an entertaining evening of dance featuring our talented Lasqueti dancers performing works choreographed by Denise Lieutaghi.

This year the dances reflect humour, sophistication and unexpected surprises- a show not to miss.

The dance performance will be followed by a Costume Ball, featuring great music by DJ Beatfarmer. Food and drinks available.

When: Sat., June 16th

Doors open at 7:15 pm Performance at 8:00 pm

Where: At the Community Hall

Entrance: Adults \$15 Kids \$5 Family Rate \$30

For more information, contact Denise at 250-240-0457 or 250-333-8888

–Denise Lieutaghi

SATURDAY MARKET

The Lasqueti Market will open for the summer season on June 16th, 2018. All are invited to the grounds of the Arts Centre between 10:00am and 1:00pm every Saturday to join the community in the game of coming together for selling and buying. You'll find vendors carrying locally produced fresh produce, plants, artisanal works in wood, leather, metal, soap, jewelry, cards, medicines, potions, teas and many varieties of delicious food and drink in an environment conducive to conversation and love. For more information about vending call Ingo at 250-333-8627.

–JennyV

BUSY FERRY WARNINGS

False Bay School is the destination for some upcoming school group trips. We've done our best to organize these visits so they arrive and depart on quieter sailings. Please make note of these dates so you can plan around them. There will be email and postbox warnings the week before the scheduled visits. Thank you for your support and understanding!

1) **Thurs. June 7th 9:45am** French Creek sailing

Fri. June 8th 4:00pm False Bay sailing

Visitors from Qualicum Elementary
40 students and chaperones

2) **Thurs. June 14th 9:45am** French Creek sailing

Fri. June 15th 4:00pm False Bay sailing

Visitors from Ballenas Secondary School
28 students and chaperones

3) **Thurs. June 14th 8:00am** False Bay sailing

Thurs. June 14th 5:30pm French Creek sailing

False Bay School students traveling to Track & Field Event

12 students and chaperones

–Kirsty for FBS Staff

SUMMER KIDS CAMP

When? Wednesdays in July and August, 10:00am – 4:00pm

Where? John Lindsay's

What's it all about? Play, learning and fun!

July 4th Secret Knot Treasure Hunt: a sailor and pirate themed day where kids will learn how to tie some handy knots and use these skills to uncover the hidden treasure.

July 11th Beach Habitat Day: Kids will engage with their creativity and their environment building forts and play spaces on the beach.

July 18th Tie Dye Day: Tie dye using natural plant dyes.

July 25th Fairy Day: A day of crafting, creation and imagination. Building fairy houses, building mobiles and exploring magic within the forest.

Aug 1st Redreaming Trash into Treasure Craft Day. Sewing, puppet and toy-making, forest play.

Aug 8th Beach day: playing and swimming on the beach.

Kids can sign up for individual days or for the whole camp. Cost is \$15-40 per day per kid. Lunch and snack included. All ages welcome, kids three and under are asked to be accompanied by an adult. There is space for ten kids.

Contact Noel for registration by Fri. June 15th
noelangelia@gmail.com or 250-333-8804

–Noel

READY, SET, LEARN EVENT FOR PRESCHOOLERS

Three to five year-olds and their caregivers are invited to attend a 'Ready, Set, Learn' event presented by School District 69's Early Learning team on Thurs. June 22nd from 11:15am to 2:30pm. The theme is based around the well-loved book character Pete the Cat and there will be stories, games and hands-on activities to help preschoolers, new Kindergarteners and their parents transition into school. Pack a lunch and snack for the day. To ensure there are enough materials for crafts, games etc., please RSVP to Kirsty at the school by June 7th 250-333-8813

–Kimi

KINDERGARTEN OPEN HOUSE

New Kindergarteners starting school in September 2018 are invited to a Kindergarten open house with the primary class at False Bay School on Wed. June 21st from 8:45 – 11:00am. Pack a snack. Please call Kirsty at the school office to confirm attendance by June 7th 250-333-8813.

–Kimi

ROLLING UP OUR SLEEVES

Our Recycling Centre underwent a big spring cleaning. Kudos to Gabe and Violet. I asked Gabe if he had any beefs and he doesn't, but he requested that I send out a few reminders.

1. The one gallon (4L) and larger plastic water jugs and one gallon milk jugs go in different bins. Water jugs have their own bin and the milk jugs go with hard plastic.

2. Glass: there are two types, refundable and non-refundable. The short, round drums receive non-refundable glass such as peanut butter or jam jars. The refundable glass

such as for juice, Perrier, beer, wine, cider, and spirits go in the boxes on the shelves. Wine in tetra paks are also accepted and you don't have to break them down.

3. Please, please, do not bring the empty containers from car maintenance products such as engine oil and antifreeze to the Recycling Depot. The containers can be recycled but unfortunately not at our facility. The BC Used Oil Management Association has several depots. The most convenient is the Petro Canada gas station, open seven days a week from 8:00am-8:00pm located at 431 Island Highway: they will take used oil, oil filters, containers, antifreeze and antifreeze containers.

I asked Violet if she had any beefs? No again! She said folks have been respectful, but she wants us to ask ourselves the question when we are buying clothes, what is the afterlife of the fabric? "Stop buying polyester!" she said. Wow, she said that, and I agree.

Reducing the use of resources helps minimize the clash with nature to which we all know who the winner is.

—Julie Newton, Let's Talk Trash

ARTS CENTRE NEWS

Summer Art Shows: Things are looking up for our little gallery this summer. We will be kicking off the season mid-June and into July with a solo show by the artist formerly known as Gordon Scott. Make sure to pop in on a market day and see what he's been allowing to emerge from mysterious deep places! In July we could start off with a group show "Hung Over" style, with everyone bringing one or two of their favorites from Artsfests past (including this one), then July 13th we have a show of acrylic landscape paintings and watercolors by Vancouver artist Liz Toohey-Wiese, followed by Salish View group show and auction July 20th, and a group printmaking show July 27th. In August we have shows by Darzo, Sophia, and Valeria. There are still a couple of spots, August 17th-23rd and 24th-30th. Please consider showing your work, either solo or as part of a group. Give me a call and I will help make it happen.

Renting the space: The gallery space is available to all community members for events, workshops, meetings, yoga, qi gong, dance, healing arts, and things beyond our imagination. . .The Studio is available for art making. \$3/hour or 10% of any profit, either space. Warning: Thursday afternoons in July and Aug. will be noisy and fun and you might be swept up into a creative whirlwind and be completely and irreversibly transformed!

There has been a considerable amount of clean-up happening around the Arts Centre buildings and grounds. Please respect our intention to keep the area clear: the Arts Centre porch and outbuildings are not available for storage of anything including tables or chairs. Thank you.

Wednesday open studio will continue through June, with possible lantern making workshops towards the end of the month.

Life drawing is every Tuesday, 7:00-9:00pm. \$5, no experience necessary. Talk to Tony if you are interested in modeling.

Art picnic begins July 5th this year. Unstructured, creative fun for all ages, every Thursday through August. Drop-in, noon-4:00pm under the market tarps. By donation.

More details to follow, and maybe some changes. Deadline is making me do this. Questions? Call me at home 250 333-8691, text 250-240-0866, or email valeriapainting@gmail.com —Valeria

30th LASQUETI ARTS FEST 2018

A weekend to celebrate community and creativity through words, music, art, and food! All events are at the Community Hall and raise funds to support the Lasqueti Island Arts Council.

Friday June 29th

Quiet art viewing: 10:00am-2:00pm: A chance to take a look at the art before the Saturday crowds.

Writer's Reading: Doors open at 6:00pm, readings begin at 7:00pm sharp. An evening of writers reading their own words. Desserts and refreshments for sale.

Saturday, June 30th

Gates open at 1:00pm

Art Sales from 1:00pm-5:30pm

ADMISSION

Adults: \$10 (includes a \$5 membership fee)

Children 10-18: \$5

Kids 9 and under: Free

We know dogs are family too, but out of courtesy to others please leave your dogs at home.

ACTIVITIES

Valeria's art table for all ages: collaging on chairs for the Arts Centre.

Fashion Show facilitated by Tian: Prepare yourself for a showdown, it's the free-store fashion challenge! Compete alongside your fellow peers, in a timed competition to see who will come out the winner: the free-store fashion chic champion! Sign up for your ½ hour spot during the day to create an outfit using material from the mysterious box. Show off your creation (on yourself or a friend!) during the dinner-time fashion show runway!

Sophia's Face Painting: art you can wear!

FOOD

Violet Rosehart and Carly Janessa will serve up some fine East Indian lunch and dinner options. We encourage people to bring and reuse their own dishes and cups. A mason jar is a perfect pint!

Pierre's Café for quiet snacks and tea and coffee.

BEVERAGES

Enjoy a refreshment in the beer garden. Wine, Happy Apple Cider and Longwood beer on tap. Bring your mason jar to

reduce plastic garbage!!

MUSIC

Music begins at 1:00pm with an open drum circle, followed by a line-up of local musical acts, and then dance into the night with DISTANT GRAND playing the essence of their unique electro-soul style and DJ ROWAN, with his liquid rhythms and deep soulful grooves. And then, if our dancing energy prevails, our very own BEATFARMER will play his tribal dancing beats.

DISTANT GRAND After many years of collaborations, the Victoria-based duo behind Distant Grand have solidified their style, resulting in the discovery of the sound that captures the essence of their unique electro-soul style. Recognizing the need for a more sensualistic sound in the slower, deeper realm, Distant Grand is bringing sultry back to the dancefloor.

Distant Grand is Jesse Brown and Manjinder Benning. <https://distantgrandcom.wordpress.com/music/>

DJ ROWAN traversing the depths of hypnotic quadrasonic tribal funk. Rowan frequently interweaves a subtle cultural narrative of exotic spices, tribal drums and organic vibrations. Rowan is a Victoria based DJ/promoter/producer and Musical Director for Bellyfit International. <https://www.mixcloud.com/rowansentesy/>

BEATFARMER Lasqueti's own dancefloor puppeteer. <https://soundcloud.com/beatfarmer>

HOW YOU CAN GET INVOLVED

Read your Writing: Call Jenny V at 250-333-8601 to reserve a seven-minute spot on Friday night. First come, first served.

Display your Art: Everyone is welcome to be a part of the Arts Fest display. This is a showcase for the community to share what we have been working on. Artwork doesn't need to be for sale but it can be. If you are interested in participating, here is everything you need to know:

Please call or email Sophia at 250-333-8623 in advance to reserve your space. Panels are 4'x8' and they are plywood painted white. There are also a few tables available or you can bring a table if your work requires one.

Come and hang your work on Thurs. June 28th from noon-4:00pm at the hall. We will be there to help but it is best if you can bring what you need to put your own work up. Once work is at the hall it is part of the festival and should only be sold through the Art Sales table. 10% of all sales goes to the Arts Council.

The show closes at 5:30pm on Saturday so you will need to be there or designate someone to take down your work and remove all screws, staples, tacks, labels etc. from the panels.

You are welcome to bring a sculptural item to add to the sculpture garden behind the hall.

Music or spoken word: raise your voice! Call Merrick at 250-333-8773 to reserve a spot on the daytime stage.

Express your creativity: Let us know if you want to show off your fabulous skills, perform, set up an outdoor art installation, or offer anything else you love. Contact the Arts Fest Coordinator Shoshanah at 250-221-4280 or shoshanahray@gmail.com with your brilliant ideas or inspiration.

Volunteer: Volunteers are needed for everything, from set-up to clean-up. Call Shoshanah at 250-221-4280 or email shoshanahray@gmail.com and she will appreciate your help.
—Shoshanah



Lasqueti Gardens and Homestead Tour

This summer, as a fundraiser for LINC and the acquisition of the Salish View property, there will be three days when a variety of homesteads and gardens will open their gates for people to come and visit- **June 17th, July 29th and August 19th** from noon to 5:00pm. We live unique and diverse lifestyles and this will be an opportunity to see how others have created gardens and put together off-grid systems.

Tickets will be sold at Provisions, Crystals & Chamomile and the Post Office. They will be \$20 for each day and children under 18 are free. If you would like to go to all three days, there is a special price of \$50.

Although we are calling this a "tour" you need to arrange for your own transportation. Parking may be a challenge and some locations will require a certain amount of walking to get to. Signage will help point the way, but if you are at all uncertain please contact the hosts ahead of time. Dogs are welcome on leash only.

Here are the Homesteads agreeing to open their gates for June: Colleen and Brian, Annie and Ronaldo, John Cantrell, Louise and Eric Zinsli, Bob Fawkes, the John-mune and Wendy and Bruce. You may visit all or only a few of these places. However, LINC volunteers will be offering snacks and age appropriate drinks at a final place on each of the three Tour dates. On June 17th, Wendy and Bruce will host the final get together at 4:00pm. (She & Bruce are just past Scotty Bay on the left heading east). July and August will have completely different locations so stay tuned!

Please contact either Wendy at 250-333-8632 (schweibee@gmail.com) or Annie at 250-333-8661 (mymymy59@hotmail.com) if you have further questions.

Monthly Guided Hike to Salish View Sun. June 24th 1:15pm - meet at Main Road and Smokehouse/Kachina Bay park area - call Gordon at 250-333-8754 if you have questions.

Salish View Fundraising Information - A Big Thank You to the over 60 people who have raised \$99,841 (at time

of printing) toward the acquisition! We need to raise \$250,000 by Dec. 21st! See our [website page \(www.lasqueti.ca/linc\)](http://www.lasqueti.ca/linc) for donation options and further info: or [facebook \(www.facebook.com/lincbc\)](https://www.facebook.com/lincbc) or donate online at [CanadaHelps \(www.canadahelps.org/en/charities/lasqueti-island-nature-conservancy/campaign/salishview\)](http://CanadaHelps.org/en/charities/lasqueti-island-nature-conservancy/campaign/salishview). You can also donate through our partner, The Islands Trust Fund (www.islandstrustfund.bc.ca/donate/please-help-our-campaigns.aspx). We have fabulous t-shirts for sale at Provisions and our events. (\$25 and \$30 each) The next donors of \$500 or more will receive one in thanks!

Fundraising Dinner, Auction & Dance/Band – Sat., Aug. 25th! Tickets \$50, will go on sale for this really fun evening! We'll have a fabulous dinner starting at 5:00pm, thanks to Bonnie and Wendy et al., along with opportunities to bid on Auction items. At 8:00 we'll open the doors for \$20 for others to come and enjoy the music and dance to the sounds of the Gerry Barnum Trio and some special guests! Please call Sheila Ray (250-333-8884) or Sharon Chesham (250-333-8555) to offer auction items.

–Submitted by Izzy, for LINC

FALSE BAY PROVISIONS IS HIRING!

Hi everyone, it's been a beautiful spring and as we head into summer things are becoming busier on the island. We are currently looking for more staff to work at our busy store and bakery. What does that mean? It means there are jobs available immediately.

There are several part-time to full-time jobs available during the summer and at least five year-round jobs that will be a mixture of part-time and full-time hours. If you have kitchen, serving or retail experience that is preferred, but we are willing to train the right individuals even if they have no experience. Basic math is required. We are looking for punctuality, being able to work cleanly, a willingness to follow directions, common sense, and a sense of urgency.

We strive to offer employment to those living full time on the island first but have also worked with seasonal residents and visitors as well. We realize that many of the people looking for work are not planning on staying here indefinitely but have the opportunity to return each year for seasonal work.

For the year round positions we will be asking for an ongoing commitment and will guarantee employment. If necessary, we will assist in finding and possibly providing housing for the right individual as well.

Here is an outline of the jobs offered at the moment:

All positions include basic cooking, washing dishes, cleaning, using the cash register, helping customers, opening/closing duties and day to day daily tasks.

1. Full time kitchen helper/bussing/dishwashing position. The requirements for this position are: to wash dishes efficiently in a reasonable amount of time, maintain a clean work environment, assist with cleaning tasks, serve

meals, clear and clean tables and assist with basic kitchen preparation.

2. Assistant baker/cook position. Experience is preferred but for the right people we will train you to learn both skills. The requirements for this position are: to follow directions, prepare recipes, make baked goods, sandwiches, salads and desserts. Knife skills are helpful but we can also provide training.

3. Cashier/serving position. The requirements for this position are: to be able to greet, serve and talk to customers while operating the cash register. An ability to do basic math and keep track of orders for the kitchen as well as give general service to those in the store. Keep the shelves and fridges stocked and clean. Inventory goods. Being friendly and able to multitask is crucial for this job.

If you are skilled at all of these tasks, then there will be more opportunities for shifts.

To apply, please call us during business hours at 250-333-8558 or come in person to schedule an interview. After a short interview we will have you come in for a trial shift.

If you have a resume or wish to write a cover letter, that is great, but not essential. If you are currently off island and are either interested yourself or have someone in mind that may be, then please forward this information to them. If you want to send a cover letter and/or resume to our mailing address it is:

Camino & Dorothy

False Bay Provisions General Store/Bakery/Café,
General Delivery, Lasqueti Island, BC V0R 2J0

Thanks for taking the time to read this, we are looking forward to hearing from you and keeping the spirit of serving, cooking and baking for the community alive!

Best regards,

–Camino & Dorothy

OFF THE GRID LIGHTING AND MORE

In addition to our full lineup of 12-24V DC LED bulbs, we now offer a full lineup of 85-265V LED bulbs! They have the standard (E26) screw-in bases and shine a bright, warm white that doesn't diminish with time and are instantly fully bright with a 2-year warranty. There is no mercury in LED bulbs.

These bulbs continue our tradition of carrying the most efficient, long lasting bulbs available anywhere. For example, 100W equivalent (to incandescent) bulbs on the other side consume at least 14.5W, which means over 50% more generator use and/or wear on your batteries.

All of our prices include taxes and shipping to Lasqueti. . . buying three or more saves you even more! Check it out:

3W (330 lumens/30W eq.): \$15 for 3 (\$7 each)

5W (550 lumens/60W eq.): \$21 for 3 (\$9 each)

7W (770 lumens/80W eq.): \$27 for 3 (\$11 each)

9W (990 lumens/100W eq.): \$33 for 3 (\$13 each)

12W (1320 lumens/130W eq.): \$39 for 3 (\$15 each)

15W (1650 lumens/160W eq.): \$45 for 3 (\$17 each)

Call or email anytime. If you can't make it to me, I can meet you downtown or put your bulbs in the mail. Service is always our highest priority!

Dave Olsen

Off-the-Grid Lighting and More...

web: lights.lasqueti.ca email: lights@lasqueti.ca phone: 877.873.1797 or 604.216.6700

Efficient and Affordable LEDs that don't compromise Our Children's Future

FREE STORE, RECYCLE CENTRE & LANDFILL INFORMATION

FREE STORE: Summer hours: April 1st to Sept. 30th. Mondays and Thursdays 1:00-5:00pm

Accepts: reusable household items and **clean** folded reusable clothing only. Clothes that are torn, faded, moldy or have broken zippers are NOT accepted. Take old synthetic clothes to the dump. Old natural fibres are compostable and make great rags.

The Free Store does not accept: furniture, foam, electronics, TVs, or computers. If the thing has a cord or uses batteries, it's not accepted. Take to Encorp Recycling Facility, Church Rd., Parksville.

RECYCLING CENTRE: Open 24/7.

Soft and hard plastic packaging MUST BE CLEAN.

Old tarps go to the dump. Please take and reuse the cardboard. The bins accept clean, flattened cardboard and brown paper bags only. Metal food cans must be clean. Take other metals to the dump. The large dumpsters are for staff only.

RE-USE CLASSIFIEDS: post furniture and building material at lasqueti.ca

LANDFILL: Forbes Rd.

Summer Hours: April 1st to Sept. 30th, 1st and 3rd Sat. of every month, 1:00pm-3:00pm

Accepts: non-recyclable plastic, metal and glass.

Tires are accepted but must be removed from the rims.

Does not accept: drywall, paper/cardboard, electronics, recyclables, foam, styrofoam, yard waste, compost or hazardous materials.

WASTE MANAGER: Robyn Dryburgh, 250-228-2284

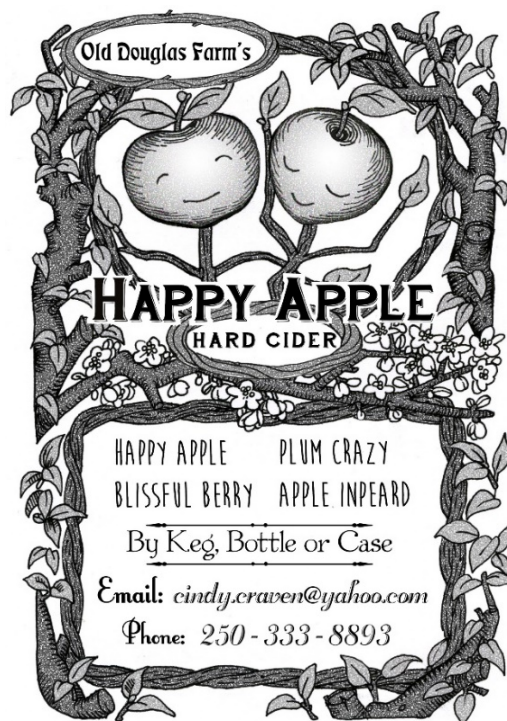
—Julie Newton



Deadline:
July 15th
2018

Time for a
PHONE LIST UPDATE

The Lasqueti Island first name phone list is in the process of being updated.
EMAIL your corrections or additions to
phonelasqueti@gmail.com



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Tuesday, Wednesday & Saturday

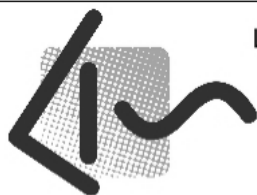
10:00am-5:00pm

Sunday:

11:30am-4:30pm



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Website: www.lasqueti.ca

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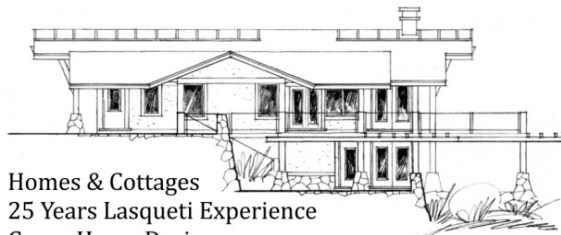
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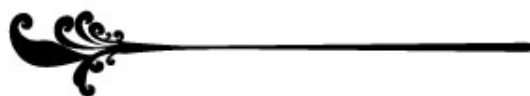
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SHAWNNA KARRAS

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Off-island subscriptions are available for \$10.00 per year (PDF by email). Paper copies are \$25.00 per year (Canadian addresses), \$30.00 (U.S. addresses), or \$35.00 (overseas addresses). **Please make cheques payable to Kimi Cochlin.**

The deadline for submission for the July issue is Wed. June 27th for release Fri. July 6th.